

SALEM CT SENIORS

NEWSLETTER

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Reminders

- **Annual Dues: \$10.00 are due NOW if you haven't paid yet.**
- **Senior Lunch:** 1st & 3rd Tuesdays of each month, at 2Brothers Pizza, \$5 plus tip for the wait staff. **CASH ONLY.** The Town pays the balance of your meal, so tip appropriately and be kind!!

NO SENIOR LUNCH AT 2BROTHERS JULY 7TH, THEY WILL BE CLOSED AND ON VACATION.

Monthly Membership Meeting

The July membership meeting will be Tuesday, July 14th at 10:30 AM at the Gardner Lake Volunteer Fire Co. Firehouse, 429 Old Colchester Rd.

The June monthly meeting was attended by **68** members.

*The total membership is **214** as of June.*



July Birthdays

Kathy Gillis	Brenda Holmwood	Linda Parker	Fran Poole
Roman Kachorowsky	Jeannette Lanier	Elizabeth Lane	Janet Griggs
Taras Kachorowsky	Sermseri Slawinski	John Hummel	Dorothy Smith

If your birthday is not currently being acknowledged and you would like it to be, please contact Jeanette Girard at jeanettegirard52@gmail.com.

Bell-Ringing Celebration

Saturday, July 4th 2:00 PM

Americans all across the United States, in celebration of the nation's 250th anniversary, are being asked where ever they are to ring a bell on Saturday, July 4th, at 2:00 PM.

All Salem residents are asked to join the Congregational Church of Salem, along with the rest of the nation, and ring a bell at 2:00 PM, Saturday July 4th.



Salem Seniors News

Thank You:

- To Kay and Gary for chairing the Sna-Z-Spot picnic, and Sue Coffee for hosting the event.
- To all that helped with the hotdogs at Touch A Truck. We raised \$388.00 for the 250 Celebration.

Fundraising Committee Activities

- The June basket raffle raised \$115.00, the winners were: Janet Huhtala, Tom Phillips, Ruth Savalle and Brian Ewald.
- **50/50 Raffle** – The June raffle collected a total of \$111.00. The winner was Kay Zak who donated the money back to the senior fund.
- **The 2026 Fundraiser Schedule:** see the *Future Fundraisers Section of the Information and Services section (page 22) of the newsletter.*
- The July fund raiser will be a Fun Basket. If you are interested in donating to the basket, contact **Arlene Phillips at 860-373-3357.**

Salem Seniors News *(continued)*

Sunshine Club

The SSG has formed a group called the **Sunshine Club** whose function is to assist members who might need help and cannot get out themselves due to an illness, during recovery from surgery or an injury, etc. The assistance might include things like preparing and delivering a meal or two, delivering groceries or prescriptions, and more. Buffy Lane has volunteered to chair the club.

If you are interested in volunteering or are need of assistance, please contact Buffy Lane at 860-859-1125.

Seniors Helping Seniors

The SSG has many members with many skills and a desire to help those in need of help. If you or someone you know needs help with small repairs around the house contact Gary Closius, e-mail: gclosius@sbcglobal.net or call 860-961-9173, or Kay Zak, e-mail: kayzak@hotmail.com, or call 860-889-3989.

New Events, Your Input Is Needed

The SSG Executive Board is always looking for fun and interesting things for our members to do, but we need your ideas and help. Do you have an event or trip you would like to see the seniors do? Is there a place you think having a social event would be of interest to the group? Would you like to be in-charge of organizing an event that you enjoy and sharing it with the group? Let us know your thoughts!!

Contact Kay Zak, e-mail: kayzak@hotmail.com, or call 860-889-3989.

Game Night in the Daylight

WHEN: July 15th, and every 3rd Wednesday of the month from 2:00 PM – 4:00 PM.

WHERE: Gardner Lake Volunteer Fire Co. Fire House.

Come out play games, have a few laughs – maybe a few too many, and enjoy each other's company. *If you have a bit of a competitive streak, we have that as well. But mostly just for fun and to keep us moving.*



“Song Circle”

WHEN: Every other Wednesday of the month.

The next circles are July 8th and July 22nd from 12:30 – 2:30.

WHERE: Salem Volunteer Fire Co. Firehouse.

Do you play an instrument, sing, or just enjoy the sound and music? Do you have a song? Bring a copy of the music to share with all.

Future dates: August 5th and August 19th. *If you have questions, please call: Gary Closius 860-961-9173.*



Miniature Golf

New Item

The Seniors are planning two miniature golf outings.

Hebron Mini Golf*

When: Friday, July 10th at 10:00 AM. Rain or extreme heat date: Friday, July 24th

Where: 290 Church Street, Amston, CT

Cost \$13.00, \$11.00 per player for groups of 20 or more.

* The first 8 holes are ADA compliant; the rest are relatively flat.

Knolls & Holes Miniature Golf at Camp Odeta

When: Friday, August 14th at 10:00 AM. Rain or extreme heat date: Friday, August 21st

Where: Camp Odeta, 38 Bozrah St. Extension #1300, Bozrah, CT

Cost \$10.00, \$8.00 per player for groups of 10 or more (pay at the door).



If you are interested RSVP Michelle Horan at 860-303-5023 or e-mail at: horan.micheller@gmail.com.

Salem Seniors News *(continued)*

BINGO

WHEN: 2nd & 4th Thursday of each month; the next games are on July 9th & 23rd

TIME: BINGO Cards are on sale from 12:30 PM to 12:55 PM.

The games start promptly at 1:00 PM

WHERE: Salem Volunteer Fire Company firehouse meeting room.

Cost \$1 per card, or buy 5 and get the 6th card free.

There will be 12 games played at each session.

The BINGO coordinators are: Neurie Testagrossa and Michelle Horan. If anyone is interested in volunteering, please contact **Neurie at 860-884-4902 or e-mail: nunusobx@gmail.com**, or

Michelle at: 860-303-5023 or e-mail: horan.micheller@gmail.com.



Block Island Dinner and Cruise

WHEN: Thursday August 6th, the boat leaves dock at 3:10 PM and will return approximately 8:10 PM

WHERE: Block Island Ferry, 2 Ferry St. New London CT, dinner location: TBD

COST: \$34.00 plus, Dinner at your cost. Please make checks payable to Salem Seniors and mail to Kay Zak, 294 Hartford Road, Salem, CT 06420



Senior Games At The Library

Every Tuesday a group of seniors meet at the Salem Free Public Library at 1:00 PM to play cards (Pitch, Set Back, 9 Hole Golf, Bonus 10, etc.) and other games.

Cribbage starts at 12:30 PM and we also have *Wii Bowling* available.

If you are interested or have questions please contact Elizabeth (Buffy) Lane at 860-859-1125.



Be A Tourist In Your Own State!!!

updated

How many times have you just wondered what wonderful things are right here in CT to visit. Did you know there are 169 towns in CT! The rules are simple; to qualify you must visit a place in the town you visit. Mark the date and location on the log sheet. *Log sheets can be found at the end of the April 2026 newsletter, and will be available at the monthly SSG membership meeting.*

https://www.salemct.gov/sites/g/files/vyhlif4966/f/uploads/4_april_newsletter_2026_final.pdf.

Tips on things/places in CT to visit (see pages 8-9). Visit as many or as few as you wish. But most the most important rule of all is to **HAVE FUN BEING A TOURIST IN YOUR OWN STATE!!**

Share places you have been and we will post for others to visit in future newsletters.



Sea Unicorns Baseball Game

If you missed the June game here is another chance to watch the Sea Unicorns in action!

WHEN: Friday, July 31st Game starts: 6:30 PM

WHERE: Dodd Stadium, Norwich

COST: \$8.00 per person.

Please make checks payable to Salem Seniors and mail to: **Kay Zak, 294 Hartford Rd., Salem, CT 06420**

Family & friends welcome, carpooling recommended for those who don't drive at night.



Salem Seniors News *(continued)*

America's 250th Anniversary Celebration

Salem is holding a town wide picnic to celebrate America's 250th Anniversary. (see page 17 for details). The SSG will have a potluck picnic table at the picnic for our seniors to enjoy. The SSG will also have a hot dog booth with hot dogs, soda and chips for a donation. The money earned will go to the Town to help with the America's 250th Anniversary celebration costs. If you would like to help with the booth please contact **Kay Zak**, e-mail: kayzak@hotmail.com, or call 860-889-3989.



Sabino Steamboat Cruises

Updated

WHEN: Wednesday, July 29th, downriver 90-minute cruise departs at 2:30 PM

WHERE: Mystic Seaport Museum, please meet Kay at the Museum's South Entrance at 2:00 PM to pick up your ticket.

COST: \$29.00



Please make checks payable to Salem Seniors and mail to: Kay Zak, 294 Hartford Road, Salem, CT 06420.

Relax and enjoy the ride! The daily captained cruises explore the Mystic waterfront while the captain offers commentary about the Museum and the surrounding area. Passengers may bring food and beverage aboard Sabino. **Smoking is prohibited.**

Senior T – Shirts, & Sweatshirts & Jackets For Sale

The "SalemCTSeniors on the go" T-Shirts will again be available for purchase.

There will not be any T-Shirt samples available at the July and August membership meetings so, check out anyone who is wearing a SSG T-Shirt for size. See the order form at the end of this newsletter for available sizes, & prices. The chart to the right shows the color choices.

NEW – Sweatshirts, Hoodies and Jackets will be available. See sizes, colors and prices below. Mary Cikatz will have some samples at the July and August membership meetings.



Size, price, and color chart for Sweatshirts, Hoodies and Jackets:

- **Sweatshirts**, in sizes S – 4XL, prices range from \$22.00 to \$26.50, color: Royal.
- **Zipped Hoodies**, in sizes S – 6XL, prices range from \$38.25 to \$47.75, color: Royal.
- **Pullover Hoodies**, in sizes S – 6XL, prices range from \$27.75 to \$37.00, color: Royal.
- **Jackets**, sizes S – 6XL, prices range from \$37.00 to \$48.75, color: True Royal.

Mary Cikatz will place the order in the fall. Please get your order in ASAP. There will be "fall" attire available with this order. If you have any questions, contact Mary Cikatz at salemctseniors@gmail.com.

Salem Seniors Group Website

The Salem Seniors Group (SSG) website, www.salemctseniors.org is up and running, so, take a moment and have a look.

SSG June Calendar At A Glance

• Friday's starting, July 3 rd	Bozrah Farmers Market, July 3 rd thru October 9 th , 4:00 PM to 7:00 PM
• Saturday July 4 th	Free Veggies Route 82 Pavilion 9:00 AM No Early Birds
• Tuesday, July 7 th	Senior Lunch at 2Brothers Pizza Restaurant
• Wednesday, July 8 th	Song Circle, at 12:30 PM at the SVFC fire house
• Thursday, July 9 th	BINGO, at 12:30 PM at the SVFC fire house
• Saturday July 11 th	Free Veggies Route 82 Pavilion 9:00 AM No Early Birds
• Tuesday, July 14 th	SSG Membership Meeting, at the 10:30 AM at the GLVFC fire house
• Saturday July 18 th	Free Veggies Route 82 Pavilion 9:00 AM No Early Birds
• Saturday, July 18 th	250 th Celebration 82 Pavilion 11:00 AM – 4:00 PM
• Tuesday, July 21 st	Senior Lunch at 2Brothers Pizza Restaurant
• Wednesday, July 22 nd	Song Circle, at 12:30 PM at the SVFC fire house
• Thursday, July 23 rd	BINGO, at 12:30 PM at the SVFC fire house
• Saturday July 25 th	Free Veggies Route 82 Pavilion 9:00 AM No Early Birds
• Tuesday, July 28 th	Veterans' Coffee House, at 6:00 PM at the GLVFC fire house
• Wednesday July 29 th	Sabino Steamboat Cruise departs at 2:30 PM
• Thursday, July 30 th	Concert at Pavilion Route 82 "Don't Tell Lisa"
• Friday, July 31 st	Sea Unicorns Baseball Game Dodd Stadium Game time: 6:30 PM

GLVFC (Gardner Lake Volunteer Fire Co.), SVFC (Salem Volunteer Fire Co.)

Health And Wellness

Blood Drive

(Updated)



The **American Red Cross** blood drive sponsored by the **Salem Lions' Club**

WHEN: Tuesday August 11th, from 1:00 PM – 6:00 PM.

WHERE: Christian Community Center, 249 Hartford Road, Salem

Schedule your appointment by calling: 1-800-Red Cross (1-800 733-2767) or visit www.RedCross.org and enter SalemCT to register. Register for the blood drive and receive a \$20.00 e-gift card to the merchant of your choice.

Blood Pressure Check

Uncas Health nurses are available to provide blood pressure checks at most of our monthly meetings.

988 Life Line

If you need to talk, the 988 Lifeline is here. The 988 Lifeline is available 24/7/365. Your conversations are free and confidential. (Visit their website at: <https://988lifeline.org/>) (See the Health And Assistance section page 20) of the Senior Information And Services section of the newsletter for more information)

211 Infoline Help

211 is a free, confidential information and referral service that connects people to essential health and human services 24 hours a day, seven days a week online and over the phone. (See the Health And Assistance section (page 21) of the Senior Information And Services section of the newsletter for more information)

Health And Wellness (continued)

Important Senior Services

- Care & Share of East Lyme
- Other Food Pantries
- Municipal Medical Transportation Service
- 211 Infoline Help
- The CTALERT, Emergency Notification System
- Connecticut Prescription Drug Discount Card Program
- Thames Valley Council for Community Action (TVCCA)
- 988 Life Line

(See the Health And Assistance section pages 14-17) of the Senior Information And Services section of the newsletter for more information)

Community News You Can Use

Hebron Mini Golf

New Just Opened

WHEN: Hours: Sunday 10:00 AM – 7:00 PM
Monday – Wednesday 1:00 PM to 8:00 PM, Thursday – Saturday 10:00 AM to 9:00 PM

WHERE: 290 Church Street, Amston, CT



PRICING: Admission \$12.00. Kids under 3 years old are free!

The mini-golf course will be joined by a new plant nursery and supply center next door. They plan to sell plants, landscaping supplies, and more.



Bozrah Farmers Market

WHEN: Fridays from 4:00 to 7:00 PM

WHERE: 45 Bozrah St, Bozrah

2026 Vendors

Beach Buns	Killam & Basset Farmstead, LLC	Log Cabin Quilts	Them Nuts
Dude's Donuts CT LLC	Lemon Twist Lemon Aid	Munchies Food Truck	Thirsty Cactus
Fenner Forest Farm	Moonstone Teas and Botanicals	Paradis Pastries	Treatzles Pet Treats
Granny's Pie Factory	No Cows Harmed	Rare Breed Cheese	Whisktopia LLC
Holy Cannoli	Spray paint Art by Cowboy	Red Horse Pottery	Whoopies 'n Cream
Jeff's Kettle Corn	Whisk Together Catering	Red Lion Burger	Wilkinson Farm



The Farmers Market runs from July to October. Look in our July newsletter for details.

FREE Summer Concerts In The Area – 2026

• Concerts In The Park, Groton

WHERE: Washington Park, Meridian Street, Groton

WHEN: Fridays, 6:30 PM



<u>DATES</u>	<u>BAND</u>	<u>DATES</u>	<u>BAND</u>	<u>DATES</u>	<u>BAND</u>
July 3 rd	Wild Nights	July 17 th	Whiskey Boulevard	July 24 th	Wicked Peach
July 10 th	The Cartell's	July 21 st	Diva and the Playboys		

Food Truck Dates for Groton Concerts in the Park

<u>DATES</u>	<u>TRUCK #1</u>	<u>TRUCK #2</u>	<u>DESSERT TRUCK</u>
July 3 rd	Taqueria Cinco	Philly's A Taste of Philly	Robin's Ice Cream
July 10 th	Par 4 Curbside	Issa Catering	TBD
July 17 th	Taqueria Cinco	TBD	Robin's Ice Cream
July 21 st	Par 4 Curbside	Supreme Hot Dog	Kona Ice
July 24 th	Taqueria Cinco	Issa Catering	Robin's Ice Cream

Additionally, June 19th and July 24th Travelin' Toms Coffee Truck

Community News You Can Use (continued)

• Salem Concerts

WHERE: 89 Norwich Road (Route 82) At the Pavilion

WHEN: Thursdays, 6:00 PM

DATES

July 30th

August 30th

BAND

Don't Tell Lisa

Branded Country That Rocks

FOOD TRUCK

OZ n BONES

Bring a lawn chair and a friend.

Special thanks to our sponsors: Sid's Auto Sales, RADCOR, LLC, Anonymous Sponsor



• East Lyme Concerts

WHERE: McCook Point Park, 8-10 Atlantic Street, Niantic

WHEN: Wednesdays, 6:00 PM to 8:00 PM

Fridays, 6:00 PM to 8:00 PM

ON THE BEACH

DATES

July 1st

July 8th

July 15th

July 22nd

July 29th

August 5th

August 12th

August 19th

August 26th

BAND

Secret Lita

Red Lion

Three 57

The Berkshires

Azalea Drive

Low Tiders

3 Hours Later

Boat House Blued Band

Five Bean Row

AT THE BANDSHELL

DATES

July 26th

July 3rd

July 10th

July 17th

July 24th

July 31st

August 7th

August 14th

August 21st

August 28th

BAND

Don't Tell Lisa

Nick Bosse

Wicked Peach

Sugar

Feedback

Mick Louis Band

Nightshift

Chis Marra Band

Shaded Soul Band

Rusty Nutz

Grab your beach chairs and see you at McCook's!!



• Additional Free Concerts/Performances In The Area

› Glenn Hanson Orchestra (Brass)

WHEN: Thursday, July 9th 6:00 – 8:00 PM

WHERE: Colchester Town Green

› Dare to Dream Jr. Summer Kids Theatre Group

WHEN: Saturday, July 18th

WHERE: 2:00 PM Bacon Academy, Colchester

› US Coast Guard Band

WHEN: Thursday, July 23rd 6:00 – 8:00 PM

WHERE: Colchester Town Green

› Colchester Continentals Fife and Drum Muster

WHEN: Friday, July 30th, 6:00 – 8:00 PM

WHERE: Colchester Town Green



Community News You Can Use (continued)

• Additional Free Concerts/Performances In The Area (continued)

▸ Colchester Youth Theater Broadway Bound Musical Theater Workshop Public Performance

WHO Kids entering Grades 3-7 in the fall of 2026

WHEN: Friday, July 30th, 1:30 PM

WHERE: Gardner Lake Volunteer Fire Co. Firehouse

▸ Blues Connection Band

WHEN: Thursday, August 6th, 6:00 – 8:00 PM

WHERE: Colchester Town Green



New CT Law

Attention all CT paddlers all unregistered paddle craft must display owner contact information. The new law applies to canoes, kayaks, stand up paddleboards (SUP), and other unregistered paddle craft.

Note: Stand-up paddleboards are considered vessels (boats) by the U.S. Coast Guard unless they are being used in a surf zone or designated swim area. Anyone who is using a stand-up paddleboard is required to abide by all boating laws.

The **"If Found"** sticker for human-propelled (kayaks, canoes, standup paddleboards) and other non-registered boats was designed to help save lives, recover missing property, and reduce the time, effort and resources expended on non-emergency search and rescues.

The waterproof stickers are available free of charge to Connecticut residents and provide space for your name and two phone numbers. It's important to list two phone numbers; if you fall overboard, your cell phone may end up in the water with you and no longer work.

Affixing the **"If Found"** sticker on board your boat will help emergency responders determine if a true emergency exists if your boat is found. **Don't risk a fine. Failure to comply may result in a \$120.00 fine.**

Request FREE sticker(s) by emailing the Boating Division at deep.boating@ct.gov, or by clicking on the following link to request **"If Found" Stickers:** ["If Found" Sticker](#). Include the number of stickers you need and your mailing address.

FYI, Connecticut law requires there be a properly fitting life jacket for everyone onboard a manually propelled vessel at all times. It also requires:

- All children less than thirteen years of age must wear a properly fitting lifejacket at any time during the year;
- Between October 1 and May 31, all adults must wear a properly fitting life jacket while onboard a manually propelled vessel.



Places to Visit in our own State:

Chaplin CT – Diana's Pool Diana's Pool Road (Waterfalls)

A secret picnic ground Take Rte. 6 North called Willimantic-Phoenixville Rd. about 4.5 miles from junction Rtes. 203 and 6 to South Chaplin look for signs directing you to south Chaplin or Sherman Corners, turn right onto Diana's Pool Rd. This is a dead end. Park and hike in following the sounds of the waterfalls.



Community News You Can Use *(continued)*



Places to Visit in our own State: *(continued)*

Canterbury CT – Prudence Crandall House Museum

Site for both permanent and changing exhibits on the history of black American's in pre -Civil War CT. There are also exhibits dealing with the life of Prudence Crandall and the Development of Canterbury. Museum has a gift shop and research library facility at the junction of Rtes. 14 and 169. Open Jan 15th thru Dec 15th Wednesday thru Sunday 10:00 AM to 4:30 PM. Call 203-546-9916.

West Redding CT – Putnam Memorial State Park

At the junction of Rtes. 58 and 107 in West Redding. The twelve-man huts are now just piles of stone where their chimneys stood and the old magazine is only a stone lined pit, however the officer's barracks has been rebuilt and there is a museum on the site containing exhibits dealing with the Redding encampment. There's also a great statue by the front gate showing Old Put riding his horse down a flight of stairs. Open Daily 8:00 AM to sunset. Call 203-938-2285

Around Town *(data for the month of May)*

• **Fire Marshal's Office**

- On-going new Career staff training
- Fire Marshal Online Continuing Education Training
- Salem School fire drill.
- Blasting permit 249 Rattlesnake Ledge Road
- Fire Marshal Online Continuing Education Training
- Scheduled inter-town training between Salem & Colchester career staff
- Salem Career Firefighter contract meeting
- Career staff contract meeting

Pre-planned training with the with Salem and Gardner Lake Fire Companies – facility tours of Southern Wicked Coffee, Right of Way Solutions and Vantage Point Academy

• **Fire Safety Inspections**

- Reinspection Salem Prime Cuts
- Reinspection Vantage Point Training Academy
- Reinspection Salem Plaza – 1 New London Road
- Salem Dental
- Chelsea Groton Bank
- Bank 2 Brothers Pizza
- Hair Power
- New Beginnings Adult Daycare

• **Calls For The Month of May** ★

- | | | | |
|-----------------------|----|------------------|----|
| - Cancelled | -- | - Injury Trauma | -- |
| - Citizen Assist | -- | - Investigation | -- |
| - False Alarm | -- | - Outside Fire | -- |
| - Good Intent | -- | - Structure Fire | -- |
| - Hazard Non-Chemical | -- | - Water Rescue | -- |
| - Illness | -- | | |

TOTAL: --

• **Station Report Details** ★

- | | |
|-----------------|----|
| - Station 21* | -- |
| - Station 27** | -- |
| - Town of Salem | -- |

TOTAL: --

* Salem Volunteer Fire Co.

** Gardner Lake Volunteer Fire Co.

• **Mutual Aid Given** ★

- | | | | |
|---------------------------------|----|----------------------------------|----|
| - Bozrah Volunteer Fire Co, | -- | - Lebanon Volunteer Fire Company | -- |
| - Colchester Hayward Fire Dept. | -- | - Oakdale Volunteer Fire Company | -- |
| - East Haddam Fire Dept. | -- | | |

TOTAL: --

★ Data not available for the month of May.

Community News You Can Use *(continued)*

Around Town *(continued, data for the month of May)*

• **Salem Resident State Trooper & Colchester Troop K**

During the month of March, the Salem Resident Trooper as well as Troop K Troopers responded to **93** calls for service in the Town of Salem. Calls of interest are:

- Administrative	1	- Debris	3	- Escape Response	0
- Alarm	8	- Patrol Check	24	- Trespassing	0
- Criminal Mischief	0	- Domestic	2	- Crash	2
- Assault	0	- Larceny	0	- Narcotics	0
- Community Engagement	0	- Disturbance	0	- Untimely Death	0
- Medical Assist	1	- Assist Citizen	11	- Officer Initiated	33
- Motor Vehicle Theft	0	- OUI	0	- Non LAH Traffic Stops	8
- Burglary	0	- Suspicious Incident	0	- Weapons Offense	0

TOTAL CALLS FOR SERVICE: 88

• **Emergency Management**

- Attended the Region 4 monthly meeting (virtual).
- Held a meeting with the *Starlink* representative to discuss activation and maintenance of the system.
- Eversource wants to know about every power outage since it could be a sign of a larger problem. All customers are advised to call Eversource's customer service number to report every outage at 1-800-286-2000.

• **Public Works**

- Public works personnel are maintaining, lining, grooming and cutting grass on 3 soccer fields, and maintaining, grooming infields and cutting grass for 3 baseball fields. They are also maintaining the Town Hall complex, the Salem School campus, Music Vale Road Park, Salem Community Park and Pavilion, and Forsyth Road fields.
- Supported amnesty days (May 16th, 17th, and 20th).
- All public Works personnel are Aerial Lift certified to safely operate the bucket truck.
- The catch basin truck has been repaired and placed back in service and is being operated by a trained experienced parttime employee.
- Public works personnel were called in on May 24th to clear a downed tree blocking West Road.
- Public works personnel are repairing roads in preparation for rubberize chip sealing to begin mid-July.
- Road-side mowing using the over-the-rail mower is ongoing.

East Lyme I-95 Ramp To Close

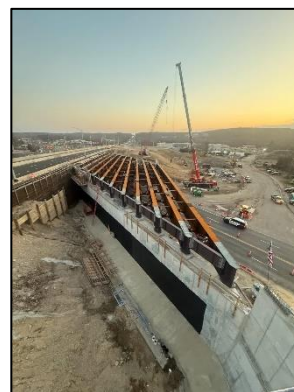
On June 29th in an article written by Day Staff Writer Gianni Salisbury, ***"The Day"*** reported that according to Department of Transportation officials the exit 74 southbound off-ramp of Interstate 95 will be closed for two weeks starting July 13th.

The ramp will be closed while construction of the permanent Exit 74 southbound off-ramp is being completed and the current temporary off-ramp is removed. The ramp is expected to reopen July 27th.

Because of the ramp the closure, to access Route 161, drivers should instead take exit 73 and turn right onto West Society Road. They should then turn right onto Society Road, turn left onto the I-95 northbound entrance ramp, and take Exit 74.

The Department of Transportation (DOT) said that there may be changes or extensions due to weather delays or other unforeseen conditions. They also asked drivers to drive at a safe speed in the area.

On May 1st, the speed cameras were activated on both sides of I-95. They take photos of vehicles going at least



Community News You Can Use *(continued)*

15 mph over the speed limit and state police has been mailing out warnings and citations.

There will also be no construction or maintenance activities from 6:00 AM on July 2nd through 6:00 AM July 6th, due to the Independence Day holiday. The DOT said online that only work of an emergency nature will be considered during the holiday weekend.

This is the \$148 million project's sixth and final stage of construction and is expected to be completed next spring.

19th Annual Mitchell Farm Music Festival.

WHEN: September 18th, 19th, & 20th

WHERE: 300 East Haddam Rd, Salem, CT

Experience the Magic of Live Music At Mitchell Farm!

You can't beat the energy generated by hundreds of people sharing the experience of LIVE 70's music surrounded by peaceful grazing horses.

Friday at 7:00 PM

Jon Pousette-Dart

Acoustic Duo

Saturday at 2:30 PM

Laurel Canyon Band

Broken Arrow

Sunday at 2:30 PM

Mystic Dead

Discounted Advance Tickets

ON SALE NOW! at www.mitchellfarm.org

Special Discount For SSG Members, \$25 For Each Show.

Contact Kay Zak: email: kayzak@hotmail.com, or call 860-889-3989.

Gates open at 1:30 PM. Music begins at 2:30 PM.

Bring a blanket or lawn chair! Bring a picnic if you like.

B.Y.O.B. Tented event! Please, NO DOGS.

Rustic StrEats food truck on-site Sat & Sun.,

The Grill by Kay on Fri.

Net proceeds support the horses & donkeys retired to Mitchell Farm.

Mitchell Farm is a non-profit 501(c)3 equine sanctuary.

Thanks to our sponsors (so far)!

Pasta Vita, Reynolds Subaru, Humble Utopia

For information on becoming a sponsor

contact Dee at: email dee@mitchellfarm.org,

visit the website: <https://www.mitchellfarm.org>

or call: (860)303-8705

Community News You Can Use (continued)



The Southeastern CT Regional Resources Recovery Authority (SCRRRA)

SCRRRA is the waste management and recycling authority for the 12 member municipalities

For the schedule of collection events, participation protocol, and a listing of acceptable and unacceptable items and limits see page 26 of the Senior Information And Services section of the newsletter.

Salem Free Public Library (SFPL)

Library Report – May

- During the month of May the Library hosted 4 storytimes, and 4 drop-in play groups. There was a total of 55 attendees for the storytimes and a total of 36 attendees for the drop-in play groups.
- In May the Library had a Husky Scavenger Hunt. Participants won a prize if they completed the scavenger hunt. There were 102 participants.
- On Saturday, May 2nd, the Library hosted a special, storytime with presenter and author Bethany O'Brien, author of the **"Lucky Husky"**. Participants were also able to meet Jonathon, the UCONN mascot! There were 34 participants.
- On May 6th, Library Assistant Veronique Chelhile held Legos At The Library. Participants use the Library's collection of Legos to create a structure, which is placed on display for the whole month. There were 3 participants.
- On Thursday, May 14th, Library Programming Assistant Hannah Lynch held a Cookbook Club. The cookbook that was selected was "What's Cookin' Good Lookin'" by Dolly Parton and Rachel Parton George. Participants selected a recipe from the cookbook and brought the dish in to share for the event. Participants discussed their chosen recipe and discussed the next meet-up. There were 13 participants.
- On May 16th, Master Wildlife Conservationist Ginny Apple presented a program on the Fearsome Foursome. This presentation discussed raccoons, opossums, porcupines, and skunks. There were 17 attendees.
- On May 30th, Library Programming Assistant held a craft swap! The Library collected donated items for various crafts throughout the month of May. Patrons could visit the Library on Saturday, May 30th, to pick up items they might be interested in for crafting. There were 51 attendees!

Library Building And Collection:

- The Library staff have started setting up for Summer Reading Program. The program will begin on June 22nd and run until August 8th. The theme this summer is Plant a Seed Read. Registration will begin June 22nd.
- On June 1st, the Library will host students from Salem School. from grades Pre-K to 5th grade. The Library staff will read a book to the students and share information about our Summer Reading Program. We look forward to this every year!
- **For the month of May, the SFPL served 1,811 patrons and provided 72 patrons with technical help.**

News& Events

SFPL Closure

The SFPL will be closed for the Independence Day Holiday Friday, July 3rd and Saturday, July 4th and will reopen Monday July 6th at 10:00 AM.

Museum Passes and Discounted Admission Passes

The Library offers Museum Passes And Discounted Admission Passes to many of the museums in our state, visit the library, or go to the library website by clicking on: <https://www.salemct.gov/library/pages/museum-passes> to view the library website for the details on the passes available and pass availability. (see pages 28-29 of the Information and Services section of the newsletter for details).



Community News You Can Use (continued)

SFPL (continued)

- **Books in the Afternoon Book Club; Thursday, July 23rd, at 1:00 – 3:00 PM.**

“Sandwich” by: Catherine Newman. For the past two decades, Rocky has looked forward to her family’s yearly escape to Cape Cod. Their humble beach-town rental has been the site of sweet memories, sunny days, great meals, and messes of all kinds: emotional, marital, and—thanks to the cottage and the ancient plumbing—septic too.

This year’s vacation, with Rocky firmly in the sandwich generation—caught between her half-grown kids and fully aging parents—promises to be just as delightful as summers past—except, perhaps, for hormonal bouts of rage and melancholy. (Hello, menopause!) Her body is changing—her life is, too. And then a chain of events sends Rocky into the past, reliving both the tenderness and sorrow of a handful of long-ago summers.

Adults over 18 are welcome. To join the group, e-mail Christine Murtha at: murthachristine@yahoo.com.

- **Programs & Events To Enjoy With Your Grandchildren And Family**

- **Summer Storytimes**

WHEN: Every Wednesday
from July 1st thru
August 5th at 10:30 AM.

Beginning June 1st
Register at the Circulation Desk
Or call 860-859-1130

(Sponsored by the Friends of the Salem Free Public Library)



- **Still Life Workshop**

WHEN: Thursday, July 9th,
from 3:00 PM to 5:00 PM.

Join us for a fun vegetable themed still life.

Ages 8 to Adult, limited to 10 participants.

Bring your own materials!

Paints, ink, and pastels accepted.

Beginning June 1st call 860-859-1130 to register

(Sponsored by the Carole Eckart &
Carl Nawrocki Memorial Summer Reading Fund)



- **Learn to Write like Thomas Jefferson:
A Cursive Workshop**

WHEN: Friday July 10th, from
1:00 PM to 2:30 PM

Presented by Calligrapher, Debby Reeliz
Limited 20 participants age 7 to 16
teens and parents welcome to participate

Call 860-859-1130 to register

(Sponsored by the Friends of the Salem Free Public Library)



- **SFPL Knitting Group**

WHEN: Every Thursday,
10:00 AM to Noon

Bring your knitting or crochet projects to work
on and chat with the group.

The group also works on items that will be for sale
during the holidays to support the Friends of the
Salem Free Public Library.



- **Coffee and Cribbage**

When: Every Wednesday at
2:00 PM

Catchup with friends over a cup
of coffee and a game of cribbage.

No Registration Required

(Sponsored by the Friends of the Salem Free Public Library)



- **Watermelon Tie-Dye**

WHEN: Saturday, July 11th at 11:00 AM
Rain date: Friday, July 31st, 11:00 AM

Limited to 30 participants,
ages 7 & up.

Beginning June 1st call
860-859-1130 to register

(Sponsored by the Carole Eckart & Carl
Nawrocki Memorial Summer Reading Fund)



Community News You Can Use *(continued)*

Salem Free Public Library *(continued)*

• **Programs & Events To Enjoy With Your Grandchildren And Family** *(continued)*

- **The Show & Tell Book Club**

WHEN: Monday, July 13th, at 5:00 PM

Bring in the books you have been loving and discuss them with others! Ages 18 and up.

Call 860-859-1130 to register

(Sponsored by the Friends of the Salem Free Public Library)



- **SFPL Summer Reading Program**

WHEN: June 22nd thru August 8th

Plant a Seed and Read!

Registration for the summer reading program begins June 1st. To register Call 860-859-1130



- **Snow In Summer**

WHEN: Thursday, June 16th at 10:30 AM

Come to the Library and make snow

Limited to 15 participants. Ages 6-12.

Beginning June 1st call 860-859-1130 to register

(Sponsored by the Carole Eckart & Carl Nawrocki Memorial Summer Reading Fund)



- **Remembering the Revolution in CT**

WHEN: Thursday, July 22nd, at 6:00 PM

Using the state's memorials, statues, and landmarks as touchstone, **Richard Franklin Donhue** will explore the ways in which the people of Connecticut participated in the movement towards independence.

(Sponsored by the Friends of the Salem Free Public Library)



- **Potato Chip Tasting**

WHEN: Friday, July 24th at 11:00 AM

Join us as we taste a variety of potato chips and vote on which is our favorite!

Limited to 35 participants, ages 3 and up.

Beginning June 1st call 860-859-1130 to register

(Sponsored by the Carole Eckart & Carl Nawrocki Memorial Summer Reading Fund)



- **Family Movie Night – “A Bug’s Life”**

WHEN: Wednesday, July 29th at 6:00 PM

Fun for all ages. Limited to 35 participants.

Light refreshments will be provided.

Beginning June 1st call 860-859-1130 to register

(Sponsored by the Carole Eckart & Carl Nawrocki Memorial Summer Reading Fund)



- **Providing Habitat for Wildlife**

WHEN: Wednesday, July 15th, at 6:00 PM

Presented by Paul Colburn, Master Wildlife Conservationist with CT DEEP

The “**Providing Habitat for Wildlife**” presentation provides valuable information for those wishing to enhance their property for wildlife by providing shelter, including natural methods of land management and the use of native flowers bushes and trees. Species covered include mammals, reptiles, amphibians, insects, and birds.

To register call 860-859-1130

(Funded by a grant from the Eightmile River Wild & Scenic Watershed and The National Park Service)



- **Mushroom Applique Tote Bag**

WHEN: Thursday, July 23rd, at 4:00 PM

Join Deb Drennen as she teaches basics of applique.

Limited to 8 participants ages 12 and up.

Beginning June 1st call 860-859-1130 to register

(Sponsored by the Friends of the Salem Free Public Library)



- **Build a Bouquet Workshop**

WHEN: Saturday, July 25th, at 11:00 AM

Come arrange a bouquet in a mason jar to take home with flowers from Collins Farm.

One bouquet per person. Limited to 15 participants, ages 18 to adult.

Beginning June 1st call 860-859-1130 to register

(Sponsored by the Carole Eckart & Carl Nawrocki Memorial Summer Reading Fund)



Community News You Can Use *(continued)*

Salem Free Public Library *(continued)*

• **Programs & Events To Enjoy With Your Grandchildren And Family** *(continued)*

- **Stuffed Animal Sleepover At The Library**

Drop off:

WHEN: Friday, July 31st, anytime
between 10:00 AM & 4:00 PM

Pick up:

WHEN: Saturday, August 1st, anytime
between 10:00 AM & 4:00 PM

Drop off your stuffie on Friday and pick them up on Saturday. Watch our FaceBook page to see what fun they have.

Call 860-859-1130 to register

- **The Community Seed Bank**

WHEN: Saturday, August 1st,
at 11:00 AM

Join John Mark Gostkiewicz of Tri Gable Lea Farm as he teaches how to save, store, and share your harvest.

Beginning June 1st call 860-859-1130 to register

*(Sponsored by the Carole Eckart & Carl Nawrocki
Memorial Summer Reading Fund)*



Salem Recreation Department

• **Salem Recreation 2026 Calendar**

For the complete **Salem Recreation 2026 Calendar** (see page 22) in the Salem Recreation Calendar section of the Senior Information and Services portion of the newsletter).

• **Free Veggie Saturdays!** **NO EARLY BIRDS, PLEASE**

WHEN: Saturday Mornings, 9:00 AM to 11:00 AM beginning June 27th

WHERE: Salem Community Park Pavilion 89 Norwich Road (Rte. 82)

Bring proof of Salem residency, a bag and respect for the needs of others in our community.

Limit one bag per household. The garden is a volunteer run group. Volunteers are always welcome! Let us know if you're interested in joining, contact the Rec. Commission at:

recreation@salemct.gov or 860-859-3678 x275



• **Adult Tennis With Anne Santoro**

Summer 2026 Session 2 Clinic

WHEN: Monday evenings at 5:15 PM to
6:30 PM, July 6th thru 29th (4 classes)

– Or –

Wednesday mornings at 9:30 AM to
10:45 AM July 8th thru 27th (4 classes)

WHERE: Roundhill Road Tennis Courts

Fee: \$90 Salem resident, \$95 Non-resident.

Register today! Call 860-859-3873 x275, or
visit: <https://www.salemct.gov/recreation/register>



• **Find Your Footprint – Medallion Project**



**Let us know when you've found
your 2025 Medallion & submit a photo!**

Find a medallion in the following preserves:

Walden Preserve, Zemko Sawmill Preserve, Multi-Purpose Path/Harris Brook Trail, Darling Road Preserve, Smuggler's Rock Preserve, Salem Riverside Preserve

www.salemct.gov/recreation/footprintproject

Special Thanks to Kim Ford, The Salem Land Trust, Teri Natoli, and our Volunteers

Community News You Can Use (continued)

Salem Recreation Department (continued)

• **Adult Co-Ed Pickleball Pick-Up Games**

WHEN: Saturday mornings
8:00 AM to 10:00 AM, &
Tuesday evenings,
5:30 PM to 7:30 PM



WHERE: Round Hill Road Tennis/Pickleball Courts April through September

For Salem & East Lyme Residents, age 18 and up.
Sign in upon arrival

• **Pilates – In-Person Classes**

WHEN: Monday evenings,
June 1st to July 6th
5:30 PM to 6:30 PM,
(6 weeks)



WHERE: Old Library, 216 Hartford Road
\$60 Residents, \$65 Non-Resident

Please wear comfortable clothing, bring a yoga mat, and water. Extra mats are available if needed.

Register Early, limit 8 participants:

or call 860-859-3873 x275, or

visit: <https://www.salemct.gov/recreation/register>

• **FUN RUN Series Is Back**



When: Tuesdays,
July 7th, 14th, 28th, & August 4th & 11th,
Check in begins at 5:00 PM
Beginners 1 mile walk/run at 5:30 PM
3-mile Fun Run at 6:00 PM

Where: Salem School, Bingham Field

To Pre-Register Click [HERE](#) to download the registration form, or visit the Rec Commission website at:
www.salemct.gov/summerfunrunseriesregistration

• **Salem Woods Disc Golf Course**

Where: Bob Appleby Fields
At Volunteer Park
24 Forsyth Road



Come and try it out!! Discs available for loan.

Call: 860-859-3873 x275, or

Contact Us: e-mail: recreation@salemct.gov

• **In-Person Yoga Classes**

WHEN: Tuesday evenings,
June 2nd to July 7th
5:30 PM to 6:30 PM (6 weeks)

WHERE: Salem Volunteer Fire Co.
firehouse, 424 Hartford Rd.

----- OR -----

WHEN: Thursday Mornings,
June 4th to July 9th
10:00AM to 11:00 AM (6 Classes)

WHERE: Old Library 216 Hartford Road

\$60 Residents, \$65 Non-Resident

Register Early Limit 8 participants

Please wear comfortable clothing, bring a yoga mat, and water. Extra mats are available if needed.

To Register call 860-859-3873 x275 or

visit: <https://www.salemct.gov/recreation/register>



• **4th Annual Christmas in July**

When: Saturday, July 11th
From 9:00 AM to 2:00 PM
Rain Date July 12th



Where: 89 Norwich Road (Rte. 82) Pavillion

Scavenger Hunt! Free popcorn, snow cones, or cotton candy! Contact Salem Economic Development Commission at salemedc@salemct.gov.

A Little Humor



Why was the math book sad? -----Because it had too many problems.
What do you call a bear with no teeth? -----A gummy bear!
Why don't eggs tell jokes?-----Because they crack each other up!
Why was the broom late? -----Because it swept in !
How do you make holy water?-----You boil the hell out of it.
How many apples grow on an apple tree? -----All of them.

Community News You Can Use *(continued)*

Salem Recreation Department *(continued)*

• **Personal Euphoria Virtual Fitness Classes**

Summer Classes

Pilates

Tuesday **July 7th – August 25th**
6:00 PM to 6:45 PM
Instructor: Allison (8 weeks)
Cost: \$70

Core Strength

Thursday **July 9th – August 24th**
6:00 PM to 6:45 PM
Instructor: Rob (8 weeks)
Cost: \$70

15 Min. HIIT

Wednesday **July 8th – September 2nd**
No Class August 5th or 12th
8:10 AM to 8:25 AM
Instructor: Maggie (7 weeks)
Cost: \$30

Cardio Strength

8:30 AM to 9:15 AM
Instructor: Maggie (7 weeks)
Cost: \$60

Fall Classes Begin September 15th

• **Lake Compounce Good Any Day Tickets**

Click [HERE](#) for the 2026 Lake Compounce Calendar, or visit the Salem Rec. Commission website at:

https://www.salemct.gov/sites/g/files/vyhlif4966/f/uploads/2026_lake_compounce_calendar.pdf

Although tickets apply to all normal days and hours of operation for Lake Compounce, to avoid disappointment due to weather or an unusual situation, you are urged to call ahead to confirm days and hours for your visit. No refunds will be given once tickets have been used.

Parking: \$10.00 per vehicle. Parking fee is subject to change. Fee is payable to Lake Compounce on the day of your visit.

NOTE: Lake Compounce is a cashless park only accepting electronic payments such as debit cards, credit cards, and mobile payments like Apple Pay and Google Pay. Guests will have free access to multiple easy-to-use Cash to Card Kiosks conveniently located throughout Lake Compounce. You can transfer your cash free of charge onto a card, use it throughout the park, and if you have money left over, use it anywhere else that cards are accepted.



America's 250th Anniversary Celebration

Come Join Your Friends And Neighbors At A Community Picnic

WHEN: **July 18th, from 11:00 AM to 4:00 PM**

WHERE: **Salem Community Park, 89 Norwich Road/Route 82**

All are welcome, come with your family, group, church, etc.

Bring your picnic, blanket and chairs

There will be music, food trucks, and demonstrations.

Community News You Can Use *(continued)*

Veterans' Coffee House

WHEN: Tuesday July 28th, at 6:00 PM

WHERE: Gardner Lake Volunteer Co. firehouse, 49 Old Colchester Road, Salem

Please contact Michelle Horan if you plan to attend so we can have a headcount to ensure there is enough food.

Michelle can be contacted at: Horan.micheller@gmail.com or call/text at: 860-303-5023



Chair Yoga & Aerobics At Marissa's Dance Academy

WHEN: Tuesdays (Yoga) and Thursdays (Aerobics) from 4:15 PM to 4:45 PM.

WHERE: Marissa's Dance Academy, 1 New London Road, Unit 26.

Chair exercise classes are targeted for seniors. you are interested in enrolling please contact Marissa Ruddat, Director of Marissia's Dance Academy directly. Call/text her at: 860-207-4656, e-mail: info@marissasdanceacademy.com.



Salem Seniors can take advantage of a trial class by dropping in for no cost, Limited to one class.

Marissa's Dance Academy has been named by Google Reviews as the Best Dance School in New London County. Congratulations Marissa!

Box Tops For Education Fundraiser

(this is a year around event)

See page 25 the Salem Information and Services section of the newsletter for details on the box tops for Salem School fundraiser.

Salem Lions Club Tag Sale

WHEN: Saturday, August 15th, 8:00 AM to 3:00 PM & Sunday, August 16th, 8:00 AM to 1:00 PM

WHERE: 232 Hartford Road

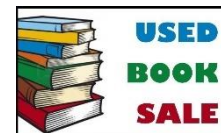


If you have items to donate to the Lions to sell at the tag sale contact Steve Wlodarczyk at 860-334-5285. PLEASE no mattresses, bed frames or anything upholstered.

Friends of the Salem Free Public Library Book Sale

When: Saturday, August 15th, 8:00 AM to 3:00 PM

Where: 232 Hartford Road



Public Town Meetings – July 2026

Inland Wetlands & conservation Monday, July 6 th , 7:00 PM	Board of Selectmen Tuesday, July 7 th , 7:00 PM
Board of Finance Meeting Thursday, July 9 th , 7:00 PM	Library Board of Directors Tuesday, July 14 ^h , 6:00 PM
Planning and Zoning Commission Tuesday, July 14 th , 7:00 PM	Emergency Preparedness Agency Meeting Wednesday July 15 th , 7:00 PM
Long Range Educational Planning Monday, July 20 th , 5:00 PM	BOE Personnel/Contract Negotiations Monday, July 20 th , 6:00 PM
Board of Education Regular Meeting Monday, July 20 th , 7:00 PM	Recreation Commission Monday July 20 th , 7:00 PM
Economic Development Commission Tuesday, July 21 st , 6:00 PM	Planning and Zoning Commission Tuesday July 28 th , 7:00 PM

Public Meetings Calendar: <https://www.salemct.gov/calendar-by-event-type/16>

Photos From Recent SSG Activities *(continued)*

Touch A Truck Event *(continued)*



Sna-Z-Spot Picnic

On June 17th the Salem Seniors gathered at Sna-Z-Spot and enjoyed a picnic. Host Sue Coffee had tables setup and grills for cooking the hot dogs, hamburgers and chicken. Each guest brought one of their favorite side or dessert dishes. There was corn hole, kayaking, 4X4 Quads and the lake to enjoy. Everyone gathered in a circle and a massive number of conversations took place.



Photos From Recent SSG Activities *(continued)*

Sna-Z- Spot Picnic *(continued)*



Photos From Recent SSG Activities *(continued)*

Sna-Z-Spot Picnic *(continued)*



Hillard Cemetery Clean-Up And Mowing



Riddle Me This

- Question 1:** When you stop to look, you can always see me. But if you try to touch me, you can never feel me. Although you walk towards me, I remain the same distance from you. What am I?
- Question 2:** You see a boat filled with people. It has not sunk. But when you look back, you don't see a single person on the boat. Why?
- Question 3:** What do the letter "t" and an island have in common?
- Question 4:** It has keys, but no locks. It has space, but no room. You can enter, but can't go inside. What is it?
- Question 5:** Pronounced as one letter, and written with three, two letters there are, and two only in me. I'm double, I'm single, I'm black blue and gray, I'm read from both ends, and the same either way. What am I?
- Question 5:** Ask this question all day long, but always get completely different answers, and yet all the answers will be correct. What is the question?

See page 30 for the answers.

SENIOR INFORMATION AND SERVICES

Future Fundraisers

Fundraising Committee Activities

2026 Bake Sale/Basket Raffle Schedule

- **July** – Bake Sale *
- **September** – Bake Sale *
- **November** – no fundraiser (meeting at School)
- **August** – Car Care Basket
- **October** – Baking Supplies
- **December** – Holiday Food Basket

* Bakers always needed, if interested contact Arlene Phillips: 860-204-0289, Deb Okarmus: 860-823-7984, or Cindy Holle: 860-908-6456

2026 Salem Recreation Calendar

MARCH 4 NATIONAL WINTER WALK TO SCHOOL DAY Bingham Field, Salem School, 8 am <i>*re-scheduled, originally scheduled February 4</i> 14 REGIONAL UNIFIED NIGHT New London Community Recreation Center 1 Recreation Way, New London, 6 to 9 pm <i>*re-scheduled, originally scheduled February 7</i> 28 Salem Lions Club 32nd ANNUAL EASTER EGG HUNT for Toddlers to Grade 4 Salem School Gym & Field, 1 to 3 pm	JUNE 6 TOUCH-A-TRUCK Salem Community Park Pavilion, 10 am to 1 pm 5 FIND YOUR FOOTPRINT! MEDALLION PROJECT in cooperation with the Salem Land Trust Start hunting for this year's Footprint hidden along select trails 25 SUMMER CONCERT Salem Community Park Pavilion, 6 to 8 pm	JULY TO AUGUST 7 SUMMER FUN RUN (Event is Rain or Shine) Bingham Field, Salem School Every Tuesday for Six Weeks (final date: August 11) 5:30 pm: 1-mile Walk/Run/Stroll. 6:00 pm: 3-mile Run.
APRIL 16 SPRING CONCERT (Rain date: Saturday, April 18) with WICKED PEACH Salem Community Park Pavilion, 6 to 8 pm TBD STARGAZING NIGHT Salem Community Park Pavilion, Time TBD Sponsored with Three Rivers United Environmentalists & the Environmental Engineering Technology Program 25 Salem Little League OPENING DAY Lou Uffers Sports Complex, 10 am	JUNE TO EARLY FALL FREE VEGGIE SATURDAYS Salem Community Park Pavilion, 9 am Bring Proof of Salem Residency, your own Bag, and Respect for the needs of others. No Early Birds, please. JULY TBD Economic Development Commission 4th ANNUAL CHRISTMAS IN JULY Salem Community Park Pavilion, 9 am to 2 pm 30 SUMMER CONCERT Salem Community Park Pavilion, 6 to 8 pm	SEPTEMBER 26 COMMUNITY TAG SALEM DAY Rain date: Sunday, September 27 Salem Community Park Pavilion, 9 am to 12 pm Pavilion spots open to all. Residence listings for Residents only.
MAY 6 NATIONAL BIKE TO SCHOOL DAY Bingham Field, Salem School, 8 am 25 MEMORIAL DAY PARADE & BIKE DECORATING CONTEST Salem Town Green, following Ceremony	AUGUST 20 SUMMER CONCERT Salem Community Park Pavilion, 6:00 to 8:00 pm	OCTOBER 7 NATIONAL WALK TO SCHOOL DAY Bingham Field, Salem School, 8 am TBD STARGAZING NIGHT Salem Community Park Pavilion, Time TBD Sponsored with Three Rivers United Environmentalists & the Environmental Engineering Technology Program 25 Gardner Lake Volunteer Fire Company MONSTER MASH + TRICK OR TRUNK Gardner Lake Volunteer Fire Company 2:00 to 5:00 pm
DECEMBER 5 ANNUAL HOLIDAY TREE LIGHTING Center School/Town Green, 3 to 5 pm		
STAY TUNED FOR MORE EVENTS & ACTIVITIES! EVENTS ARE SUBJECT TO CHANGE. CHECK WEBSITE FOR UPDATES or SIGN UP FOR E-BLASTS! saalemct.gov/recreation 860-859-3873, x275 recreation@saalemct.gov Rev. 3/10/2026		

To view the **Town of Salem Events & Activities Booklet** visit :

https://www.salemct.gov/sites/g/files/vyhlif4966/f/uploads/2026_springsummer_v1.pdf.

Health And Assistance

Senior Resources Agency On Aging

Senior Resources is a private non-profit organization established in 1976 and authorized by the Older Americans Act of 1965 and state statute. They serve as the Area Agency on Aging in Eastern Connecticut. Their service area covers 56 towns located in New London County, Middlesex County and Windham County as well as a small portion of Tolland County.



Senior Resources is a strong voice for the region's elderly citizens. Through their involvement at the federal, state and local level they work to enhance the quality of life for older persons. In addition to advocating legislatively, their continuing work with volunteers and citizen groups enables us to spread the word about benefits and services.

They work with a strong, diversified network of community-based agencies to offer a wide range of services and supports. Their community partnerships allow them to meet the needs of their consumers.

Their mission is to provide access to information and services to empower adults to live with dignity.

For more info visit their website click on <https://seniorresourcesec.org/>.

The CTALERT – Emergency Notification System

Overview:

The State of Connecticut has a state-of-the-art emergency notification system to alert residents about emergencies in your area. (**State of CT Emergency Notification System (CTALERT)**)

To sign-up for CTALERT go to the website by clicking on:

member.everbridge.net/index/892807736721724#/signup

Municipal Medical Transportation Service

The Caregiver Mileage Reimbursement and Medical Transportation program is for adults 60+ and persons with disabilities who are unable to drive and need transportation medical appointments.

To access this service contact: Agnes Miyuki, Salem's Agent for the Elderly at 860-859-3873 X 125. Agnes can provide all program and eligibility information.

Use the following link to view the Guidelines for the Municipal Medical Transportation Service:

saalemct.gov/sites/g/files/vyhlf4966f/uploads/transportation_fy22_packet_0.pdf

Care & Share

Care & Share of East Lyme, Inc. provides food, financial and emergency support to individuals and families in East Lyme, Niantic, and Salem. **If you are interested in receiving assistance, contact them at 860-739-8502.** Leave a message with your name, telephone number and the type of assistance you need, as well as the best time you can be reached. A responder will confidentially return your call. **To see what other services they provide visit their website by clicking on: careandshareofel.org/.**

Connecticut Prescription Drug Discount Card Program

All Connecticut Residents Can Sign Up for the Free Discount Card to Receive Savings on Medication

A prescription drug discount card program was launched in Connecticut on October 2, 2023, enabling all residents of the state to receive savings on certain prescription drugs. The program was established by a provision of Governor Lamont's health care affordability bill (Public Act 23-171), which was approved by the General Assembly and signed into law in June. It is administered by the Office of the State Comptroller.

For more information on how the **ArrayRx discount card works**, including a list of frequently asked questions and a drug price lookup tool, visit **arrayrxcard.com/** or review our **February 2024 Newsletter**

Thames Valley Council for Community Action (TVCCA)

Senior volunteer programs, often part of AmeriCorps Seniors, provide opportunities for individuals aged 55 and older to contribute their skills and experience to their communities. These programs, such as RSVP (Retired and Senior Volunteer Program), connect volunteers with various organizations to address local needs, often in areas like education,

Health And Assistance *(continued)*

TVCCA *(continued)*

health, and social services. Due to cuts in federal and state government funding for the AmeriCorps Seniors the RSVP/Senior Volunteer Program is no longer available. However, assistance for things like food and nutrition, energy, housing, and more is still available through TVCCA. **Please visit the website by clicking on [TVCCA.org](https://www.tvcca.org) or call our main receptionist number 860-444-6600.**

988 Life Line

If you need to talk, the 988 Lifeline is here. The 988 Lifeline is available 24/7/365. Your conversations are free and confidential. (Visit their website at: <https://988lifeline.org/>)

At the 988 Suicide & Crisis Lifeline, we understand that life's challenges can sometimes be difficult. Whether you're facing mental health struggles, emotional distress, alcohol or drug use concerns, or just need someone to talk to, our caring counselors are here for you. **You are not alone.**

Using the 988 Lifeline is free. When you call, text, or chat the 988 Lifeline, your conversation is confidential. The 988 Lifeline provides you judgment-free care. Connecting with someone can help save your life.

CALLING THE 988 LIFELINE

Here is what you can expect when making a call to the 988 Lifeline:

- First, you'll hear a message that gives you service selection options including Veterans (Press 1), Spanish-language (Press 2), or your local 988 Lifeline contact center.
- They will play some hold music while you are connected to a live counselor.
- A counselor will say hello and introduce themselves. Your skilled counselor will ask you if you are safe.
- After they ask about your safety, your counselor will listen to you, understand how your problem is affecting you, provide support, and share any resources that may be helpful.

TEXTING WITH THE 988 LIFELINE

Here is what you can expect when texting the 988 Lifeline.

- When you send a text to 988, you will be given options to connect with a live counselor from the main 988 Lifeline or our Spanish-language (text AYUDA) and information on how to text the Veterans Crisis Line at 838255.
- When you text "Next" you will be accepting our Terms of Service.
- You will be asked to complete a brief survey to help your counselor understand how they can best support you.
- You'll receive a "Wait" message with a survey link to optional questions while we connect you to a counselor.
- Your counselor will say hello and introduce themselves. Your skilled counselor will ask if you are safe.
- After they ask about your safety, they will be calm and comforting, listen to you, and provide support. They may also share helpful resources.

CHATting WITH THE 988 LIFELINE

Here is what you can expect when starting a chat with the 988 Lifeline.

- After clicking "Chat" a new window with a brief survey will open. This survey helps our live counselors understand how to best support you and takes less than 5 minutes to complete.
- When you click "Start a Chat", you are accepting our Terms of Service.
- You will then see a message that indicates we are connecting you to a live counselor.
- When you are connected, a counselor will say hello and introduce themselves. Your skilled counselor will ask if you are safe.

After they ask about your safety, they will be calm and comforting, listen to you, and provide support. They may also share helpful resources.

Health And Assistance *(continued)*

211 INFOLINE HELP

211 is a free, confidential information and referral service that connects people to essential health and human services 24 hours a day, seven days a week online and over the phone.

211 is fully certified in crisis intervention by the American Association of Suicidology and is certified by InformUSA. InformUSA is the professional association for over 1,200 community Information and Referral (I&R) providers.

Follow the link <https://www.211ct.org/> to the webpage for more information on how 211 can assist you or someone you know that needs help.

Food Pantries

Below are a few of the local food pantries available in our area. Please contact them directly to get on their list and for more information as to when they are open for pick up. If you need assistance with pick up let the agency know and they can arrange for delivery.

Name	Locations	Contact	Phone Number
Care & Share	12 Roxbury Road	Niantic	860-739-8502
United Way Mobile Food Pantry	Three Rivers Community College	Norwich	860-464-3327
Rosalyn Allen Food Pantry	Mobile Pantry	Norwich	860-822-4146

News And Information

Salem School Fundraiser

The Salem PTO has many fundraisers during the year. Are you looking for an **EASY** way to support Salem School and help us reach our goal? One you can help with is the **Box Tops For Education** fundraiser.

For over 29 years, **Box Tops for Education** has given families an easy way to earn cash for schools with products they already buy! Today, you can find hundreds of participating products throughout the store. Scan or submit your receipt with the Box Tops app within 14 days of purchase, or shop with your Walmart connected account, and you'll earn for your school with every Box Tops product you buy.

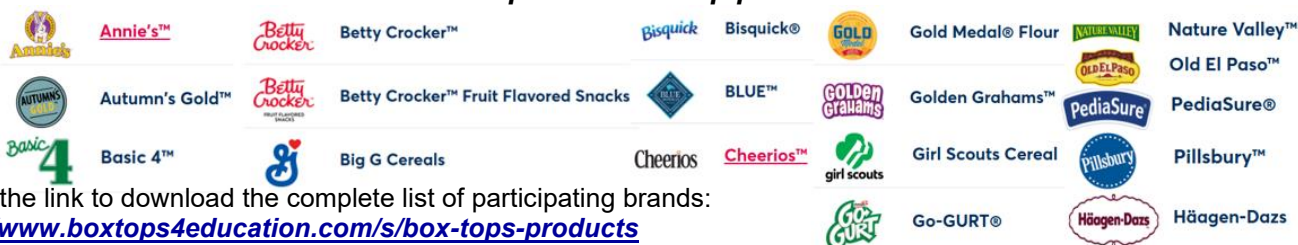
YOU CAN MAKE A DIFFERENCE FOR SCHOOLS
AMERICA'S SCHOOLS HAVE EARNED \$958,015,672 WITH BOX TOPS...AND COUNTING

It's so simple:

- ✓ Download the Box Tops for Education app on your device (phone, tablet, computer, etc.), here is the link to the Box Tops for Education website: <https://www.boxtops4education.com/s/>
- ✓ Select **Salem School** (or your school)
- ✓ Submit your receipts by:
 - 🛒 Linking your Walmart account (yep, even for grocery delivery!)
 - 📄 Uploading/emailing a digital receipt (ShopRite, Stop n Shop, Target, Amazon, and more!)
 - 📷 Snapping a pic of your paper receipt

No clipping. No scanning items. Just shop like you normally do — and help us earn cash for PTO programs that benefit our school and students!

Examples of Box Top products:



Here is the link to download the complete list of participating brands:

<https://www.boxtops4education.com/s/box-tops-products>

News And Information *(continued)*



The Southeastern CT Regional Resources Recovery Authority (SCRRRA)

SCRRRA is the solid waste and recycling authority for the twelve member municipalities of East Lyme, Griswold, Groton, Ledyard, Montville, New London, North Stonington, Norwich, Preston, Sprague, Stonington, and Waterford

SCRRRA funds and administers a household hazardous waste (HHW) collection program for residents of our member municipalities however, residents from Salem can go to ANY of the 9 Household Hazardous Waste (HHW) collection events.

2026 Household Hazardous Waste and Confidential Paper Shredding Schedule.

• Saturday, April 4th	Stonington	Stonington High School, 176 So. Broad St
• Saturday, May 2nd	Waterford	Waterford High School, 20 Rope Ferry Rd.
• Saturday, June 13th	Norwich	Norwich Public Works, 50 Clinton Ave.
• Saturday, July 11th	Groton	Fitch High School, 101 Groton Long Point Rd.
• Saturday, August 1st	Montville	Tyl Middle School, 166 Chesterfield Rd. (Oakdale)
• Saturday, September 19th	North Stonington	Route 2, across from Wheeler High School
• Saturday, October 3rd	Griswold	Griswold Public Works, 1148 Voluntown Rd. (Rte. 138)
• Saturday, November 7th	Ledyard	Ledyard High School, 24 Gallup Hill Rd.

Participation Protocol

All events start at 9:00 AM and end promptly at 1:00 PM. As you enter the event line, a SCRRRA team member will greet you and conduct a brief survey. Please stay in your vehicle for safety. If your items are in your trunk, pop the trunk for easy unloading by our crew. If you want your totes and other containers returned, let our crew know. For gas can returns, we will move your vehicle to the side while the gas cans are emptied and then returned to your vehicle.

SCRRRA covers the costs associated with these events, so they are free to households within our participating communities. Commercial and large generators of hazardous waste are NOT accepted.

Use caution when transporting HHW materials! Use the original containers when possible. Secure items safely during transport to avoid spillage.

ACCEPTABLE ITEMS

<u>From the Shed & Garage</u>	<u>From the Lawn & Garden</u>	<u>From the Basement & Bathroom</u>	<u>NOT ACCEPTED</u>
Kerosene	Insecticides	Latex & Oil Paint, Stains & Varnish	Tires
Old Gasoline	Pool Chemicals	Paint Thinner	Ammunition / Gun Powder
Radiator Chemicals	Herbicides	Drain Cleaners	Auto & Marine Flares
Auto Body Chemicals	Rat Poison	Photographic Chemicals	Radioactive Materials
Fuel Additives	Moth Balls	Nail Polish Remover	Large Barrels or Drums
Car Battery Acid	Fungicides	Oven Cleaners	Commercial Qty's of Paint, etc.
Camp Stove Fuel	Weed Removal Chemicals	Toilet Bowl Cleaners	Businesses with large amounts of Paper Shredding
All Light Bulbs	And much more!!	All Home Batteries	

Salem Senior Group (SSCG) Information & Newsletters

Previous newsletters can be found on the Town of Salem webpage by clicking on the following link:

<https://www.salemct.gov/salem-senior-citizens/pages/salem-seniors-group-newsletters>.

When the webpage opens, click on the month you want to view.

News And Information *(continued)*

Seniors Activities at The Library

- **Busy Bee Quilters** – second Wednesday of the month, 10:00 a.m. to 4:00 p.m.
- **Charity Community Quilters** – 1st and 3rd Fridays of the month from 10:00 AM to 3:00 PM.
- **Knitting & Crocheting Circle** – Thursdays from 10:00 AM to NOON
- **Fun and Games** – Tuesdays from 1:00 PM to 3:30 PM.

Contact Deb Drennen 860-222-8396 for both quilting groups information.

Senior Brochure

The Salem Seniors have designed and printed a brochure to spread the word of our organization's existence. The brochure puts focus on what our group does for the seniors living in our town as well as anyone else who would like to join our group. Mary Cikatz worked hard on the content and design to describe who we are and what we do as a group. The brochure can be found at the Town Hall and the Salem Free Public Library.

Volunteer Opportunities

Gardner Lake And Salem Volunteer Fire Companies

Both the Salem and Gardner Lake Volunteer Fire Companies are looking for volunteers of **ALL AGES**.

- **Salem Volunteer Fire Company – NON-EMERGENCY PHONE: 860-859-0942.** To visit their website, click on: <https://www.salemfireco.com/>.
- **Gardner Lake Fire Company – NON-EMERGENCY PHONE: 860- 859-1743.** To visit their website, click on: gardnerlakevolunteerfirecompany.com/home.

Friends Of The Salem Free Public Library (FOSFPL)

The **Friends of The Salem Library** could always use help sorting books for the book sale, and at the book sales. For future book sorting and book pick-up and work dates, stay tuned and watch for notifications on Facebook. Check out the FOSFPL new webpage at www.friends-of-the-salem-free-public-library.org

If you would like to help, contact Bart Drennen at 860-235-5889.

Mitchell Farm Equine Retirement

The Horse Retirement, Horse Sanctuary is always in need of volunteers.

Contact Dee Doolittle 860-303-8705, or e-mail: dee@mitchellfarm.org.

Salem School

Volunteers are always welcome at **Salem School**. Anyone interested in volunteering can go to the Salem School website by clicking on: salemschools.org. Put the cursor over the "Our School" tab, & click on the "Forms tab" to access the form, OR visit the school and fill out the form at the front desk of the school. Make sure you bring a picture ID with you.

Care & Share

Care & Share of East Lyme, Inc. provides food, financial and emergency support to individuals and families in East Lyme, Niantic, and Salem. **If you are interested in volunteering your time, contact them at 860-739-8502.**

Salem Lions Club

Do you want to make a difference and help people in our town? If the answer is **YES**, the Salem Lions' Club is always looking for new members. **Contact Bill Martin at 860-705-6062, or Kay Zak at 631-942-8169.**

Volunteer Opportunities *(continued)*

K-9 Barrett Memorial Animal Control Facility *(Montville Animal Shelter)*

The K-9 Barrett Memorial Animal Control Facility is a regional animal shelter located at 225 Maple Avenue, Uncasville. The state-of-the-art facility serves the towns of Montville, Salem, Bozrah, Colchester, and the Mohegan Tribe. It is named in honor of a fallen police K-9.

The animal shelter can always use Cat or Dog food, cleaning supplies* and toys for the animals during their stay at the shelter. **Animal Control can be reached by calling the main number, 860-848-3529.**

* Only disinfecting bleach can be used at the shelter.

The Salem Land Trust

The Salem Land Trust (SLT) is an all-volunteer non-profit organization permanently conserving land in Salem for wildlife, their habitats, and for people to enjoy nature.

For more information or if you are interested in volunteering contact Linda Schroeder: e-mail: lschroeder@snet.net or call 860-908-9553.

Activities In Our Region

Museum Passes Available at the Salem Free Public Library.

Library Hours: Mononday-Thursday – 10:00 AM to 6:00 PM, Friday – 10:00 AM to 4:00 PM,
Saturday – 10:00 AM to 2:00 PM, Closed Sunday (hrs subject to change)



Discounted Admission Passes

- **Blithewold Manor, Gardens & Arboretum, Bristol RI**
Admits up to 6 people: Adults \$8.50, Youth (6-17) \$3.00. Open in April through October, Tuesday – Sunday.
- **Connecticut Science Center Hartford CT**
Library pass provides 20% off general admission for up to four people.
- **Mystic Seaport Museum, Mystic CT**
One Library pass for each day of the week, 50% off full price admission for up to 2 Adults and 3 Children ages 4-17, on the day of the week printed on the pass. Children under 4 are free.
- **Niantic Children Museum, Niantic CT**
Admits up to 4 people ½ price.
- **Roger Williams Park Zoo, Providence RI**
Pass valid from March – December
\$4 off each paid admission ticket for up to 4 tickets. Redeemable in-person or online. **To purchase timed entry tickets online visit the website by clicking on www.rwpzoo.org/tickets.**

Free Admission Passes

- **Connecticut's Old State House Hartford CT**
Free admission for up to four visitors
- **Connecticut River Museum, Essex, CT**
Free Admission for 2 adults and their children or grandchildren under the age of 18.
- **Connecticut State Parks Pass**
The pass covers the entrance fees to the historic buildings at **Dinosaur State Park, Rocky Hill, Gillette Castle State Park East Haddam & Fort Trumbull State Park in New London.** Pass waives fees for 2 adults and 4 children, 12 and under.
Tickets are required for all visitors entering the castle, regardless of age. Tours can accommodate a maximum of 12 visitors at a time and tour tickets often sell out in advance. **To reserve tickets for tours online visit the website by pressing Ctrl+ Click on www.connecticutstateparks.reserveamerica.com**
- **Denision Pequotsepos Nature Center Mystic, CT**
Allows free admission for up to five people.

Activities In Our Region *(continued)*

Museum Passes& Free Admission Passes *(continued)*

- **Custom House Maritime Museum, New London CT**
Pass allows two free admissions. Open year-around, Wednesday – Sunday 1:00 PM to 5:00 PM, and Saturday 10:00 AM to 5:00 PM. Closed Monday & Tuesday.
- **Florence Griswold Museum, Old Lyme CT**
Admits 2 adults and 2 children (18 & under) into the museum.
- **Lyman Allyn Art Museum New London, CT**
Admits 2 Adults & 2 Children 12 and up. Children under 12 are always free.
- **New Britain Museum of American Art, New Britain, CT**
Free admission for 4 people Closed Monday and Tuesday.
- **Slater Memorial Museum, Norwich CT**
Each pass will allow free admission for one group of up to 5 people.
- **Wadsworth Atheneum Museum of Art, Hartford CT**
Free general museum admission for 2 adults, age 18 & up Youth 17 & under are free.
- **New Membership discount Mystic Aquarium Membership Discount coupon Mystic CT**
Borrow the library coupon for 15% off a Mystic Aquarium Membership Not valid for admission discount.

Museum Pass Rules

- Passes are available on a first come, first serve basis.
- Passes circulate for 3 days Overdue fines on passes are \$1.00 per day.
- No holds, reserves or renewals allowed.
- Only one pass at a time per family.
- Passes must be returned directly to the circulation desk. **Please do not place in the book drop**

Please check each museum's website for more information & current hours of operation before visiting. Hours subject to change.

Goodspeed Opera House *(2026 season schedule)*

Upcoming Events at The Goodspeed Opera House *(6 Main Street, East Haddam)*

- **"Jesus Christ Superstar"** – April 17th – June 7th
- **"Crazy For You"** – June 19th – Aug 9th
- **"The Snow Goose"** – August 28th – October 18th
- **"Annie"** – October 30th - December 27th

Check the website for times and tickets by pressing Ctrl+ Click on <https://www.goodspeed.org/>

Ivoryton Playhouse *(2026 season schedule)*

Upcoming Events at The Ivoryton Playhouse *(103 Main Street, Ivoryton)*

- **"I'm Connecticut"** – March 26th – April 19th
- **"Lady Day At Emerson's Bar And Grill"** – May 7th – 31st
- **"1776"** – June 25th July 26th
- **"Come From Away"** – August 6th – September 6th
- **"A Piece Of My Heart"** – October 1st – 25th
- **"Playhouse Holiday Jamboree"** – November 19th – December 20th

Check the website for times and tickets by pressing Ctrl+ Click on <https://www.ivorytonplayhouse.org/>

Activities In Our Region *(continued)*

Niantic Bay Playhouse *(2026 season schedule)*

The Niantic Bay Playhouse (279 Main Street, Niantic)

- **"Legally Blonde Jr"** – March 13th – 15th, and March 20th – 22nd
- **"Little Shop Of Horrors"** – April 25th – 26th, April 30th – May 3rd, and May 7th – May 10th
- **"Barefoot In The Park"** – May 29 – 31st, June 5th – 7th, and June 11th – 14th
- **"Anastasia"** – July 16th – 19th, July 23rd – 26th, and July 30th – August 1st
- **"To Kill A Mockingbird"** – October 9th – 11th, October 15th – 18th, and October 23rd – October 25th
- **"A Christmas Carol The Musical"** – December 4th – 6th, December 10th – 13th, and December 17th – 20th,

Check the website for times and tickets by pressing Ctrl+ Click on nianticbayplayhouse.org/.

Senior Centers / Activities Available to Salem Residents

Colchester Senior Center News

Yearly dues of \$15 which will get you on their newsletter e-mail list and provide you the ability to participate in any of their activities. ***They are at their new location 15 Louis Lane, Colchester, CT 06415. Phone: 860-537-3911.***

The NEW Colchester Senior Center is now open, come check it out!

To check out their newsletter, click on: colchesterct.gov/senior-center/pages/newsletter



East Lyme Senior Center News

East Lyme offers Salem Seniors **55+** the opportunity to participate in any of their activities. There is no annual fee to belong. ***Call their office at 860-739-5859 to get on their e-mail mailing list.***

<https://mycommunityonline.com/organization/east-lyme-courier>

New London Adult Education

New London Adult Education Offers Day Trips.

Trips depart from Shaw's Cove Three. For more details or to register call 860-437-2385 or go to the **New London Adult Education** webpage by clicking on: enrichment.newlondonadulthood.org/.

Contact the Senior Centers in other towns to determine their requirements for membership

- | | |
|-----------------------|---|
| Answer to Question 1: | <i>The horizon.</i> |
| Answer to Question 2: | <i>All the people on board are married.</i> |
| Answer to Question 3: | <i>They're both in the middle of water.</i> |
| Answer to Question 4: | <i>A keyboard.</i> |
| Answer to Question 5: | <i>Eye.</i> |
| Answer to Question 6: | <i>What time is it?</i> |

Officers

President ----- Gary Closius-----	Secretary ----- Jeanette Girard
Vice President---- Mary Cikatz -----	Activities Coordinator- Kay Zak
Treasurer ----- Michelle Horan-----	Health Coordinator ----- Cindy Holle
Communications	Newsletter Editors-----Joan Gaynor,
Coordinator ----- Joan Gaynor	Gary Closius
Salem Agent for the Elderly -----	Agnes Miyuki

If you or your group would like to advertise your event or function, please contact:
Joan Gaynor at
salemtech53@yahoo.com,
 or call 860-449-3064 or
Gary Closius
gclosius@sbcglobal.net, or
 call 860-961-9173.

Short Sleeve, Crew Neck (50/50 cotton/poly)

Color: True Royal Light Blue*

Size: S M L XL 2XL 3XL 4XL 5XL 6XL

Price: S-XL (\$10.75), 2XL (\$12.50) 3XL-6XL (\$15.75)

Total Shirts Ordered: _____ Amount Due: _____



Short Sleeve, V Neck (65/35 poly/cotton)

Color: True Royal* Aquatic Blue

Size: XS S M L XL 2XL 3XL 4XL

Price: XS-XL (\$11.75), 2XL (\$13.50) 3XL-4XL (\$15.25)

Total Shirts Ordered: _____ Amount Due: _____



Long Sleeve, Crew Neck (50/50 cotton/poly)

Color: Royal* Light Blue

Size: S M L XL 2XL 3XL 4XL 5XL 6XL

Price: S-XL (\$15.25), 2XL (\$16.75) 3XL-6XL (\$18.25)

Total Shirts Ordered: _____ Amount Due: _____



Long Sleeve, V Neck (50/25/25 poly/cotton/rayon)

Color: Navy Frost* Maritime Frost

Size: XS S M L XL 2XL 3XL 4XL

Price: XS-XL (\$15.25), 2XL (\$17.25), 3XL (\$20.25), 4XL (\$22.25)

Total Shirts Ordered: _____ Amount Due: _____



Name: _____

Phone: _____

Total Due: _____

***Checks Payable to:
Salem Seniors***