

SALEM CT SENIORS

NEWSLETTER

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Reminders

- **Annual Dues: \$10.00 are due NOW if you haven't paid yet.**
- **Senior Lunch:** 1st & 3rd Tuesday of each month, at 2Brothers Pizza, \$5 plus tip for the wait staff. **CASH ONLY.** The Town pays the balance of your meal, so tip appropriately and be kind!!

Monthly Membership Meeting

The September membership meeting will be Tuesday, September 8th at 10:30 AM at the Gardner Lake Volunteer Fire Co. Firehouse, 429 Old Colchester Rd.

The August monthly meeting was attended by 65 members.
The total membership is approximately 200 as of August.



September Birthdays

Judy Aldrich	Brian Ewald	Linda Flugrad
Peter Glasheen	Bernadette Hackett	Arthur Holden
Richard Lechner	Rosemary Morrissey	Lori Rudker
Sandy Swider	Neurie Testagrossa	

If your birthday is not currently being acknowledged and you would like it to be, please contact Jeanette Girard at jeanettegirard52@gmail.com.

Salem Seniors News

Thank You:

- A huge thank you to Buffy and her team for providing meals and shopping for one of our seniors who had come down ill and was unable to cook during their recovery.
- Thank you to Michelle Horan for chairing the Mini Golf event.
- Thank you to all who helped with the Hot Dog sale to support the 250th celebration Drone Show in October.

Fundraising Committee Activities

- The **August Car Care Basket** raffle raised \$82.00 and the winner was Janet Huhtala.
- The **August 50/50 Raffle** raised \$110.00 with the winner Michelle Horan donating her winnings of \$55.00 back to the Salem Seniors Group (SSG).
- The **2026 Fundraiser Schedule:** see the *Future Fundraisers Section* of the *Information And Services* section (page 22) of the newsletter.
- The September fund raiser will be a **Bake Sale** and the October fund raiser will be a **Baking Supplies Basket Raffle**. If you are interested in donating to a basket, **please contact Arlene Phillips at 860-373-3357.**

Brenda Holmwood PB & J Collection At Care & Share

In honor of Brenda's 86th birthday 131 jars of Peanut Butter & Jelly (PB & J) were donated to date to the Care & Share of East Lyme pantry.

THANK YOU TO ALL WHO DONATED.

Salem Seniors News *(continued)*

Sunshine Club

The SSG has formed a group called the **Sunshine Club** whose function is to assist members who might need help and cannot get out themselves due to an illness, during recovery from surgery or an injury, etc. The assistance might include things like preparing and delivering a meal or two, delivering groceries or prescriptions, and more. Buffy Lane has volunteered to chair the club.

If you are interested in volunteering or are need of assistance, please contact Buffy Lane at 860-859-1125.

Seniors Helping Seniors

The SSG has many members with many skills and a desire to help those in need of help. If you or someone you know needs help with small repairs around the house contact Gary Closius, e-mail: gclosius@sbcglobal.net or call 860-961-9173, or Kay Zak, e-mail: kayzak@hotmail.com, or call 860-889-3989.

New Events, Your Input Is Needed

The SSG Executive Board is always looking for fun and interesting things for our members to do, but we need your ideas and help. Do you have an event or trip you would like to see the seniors do? Is there a place you think having a social event would be of interest to the group? Would you like to be in-charge of organizing an event that you enjoy and sharing it with the group? Let us know your thoughts!!

Contact Kay Zak, e-mail: kayzak@hotmail.com, or call 860-889-3989.

Game Night in the Daylight

Game Night in the daylight is cancelled until further notice.

“Song Circle”

WHEN: *Every other Wednesday of the month.*

The next circles are September 2nd, 16th and 30th from 12:30 – 2:30.

WHERE: *Salem Volunteer Fire Co. Firehouse.*

Do you play an instrument, sing, or just enjoy the sound and music? Do you have a song? Bring a copy of the music to share with all.

Future dates: October 14th and 28th. If you have questions, please call: Gary Closius 860-961-9173.



Senior Games At The Library

Every Tuesday a group of seniors meet at the Salem Free Public Library at 1:00 PM to play cards (Pitch, Set Back, 9 Hole Golf, Bonus 10, etc.) and other games.

Cribbage starts at 12:30 PM and we also have *Wii Bowling* available.

If you are interested or have questions, please contact Elizabeth (Buffy) Lane at 860-859-1125.



BINGO

WHEN: *2nd & 4th Thursday of each month; the next games are September 10th & 24th.*

TIME: *BINGO Cards are on sale from 12:30 PM to 12:55 PM.
The games start promptly at 1:00 PM*

WHERE: *The Salem Volunteer Fire Company firehouse meeting room.*

Cost *\$1 per card, or buy 5 and get the 6th card free.*

There will be 12 games played at each session.

The BINGO coordinators are: Neurie Testagrossa and Michelle Horan. Anyone is interested in volunteering, please contact **Neurie at 860-884-4902 or e-mail: nunusobx@gmail.com**, or

Michelle at: 860-303-5023 or e-mail: horan.micheller@gmail.com.

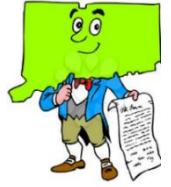


Salem Seniors News *(continued)*

Be A Tourist In Your Own State!!!

updated

How many times have you just wondered what wonderful things are right here in CT to visit. Did you know there are 169 towns in CT! The rules are simple; to qualify you must visit a place in the town you visit. Mark the date and location on the log sheet. *Log sheets can be found at the end of the April 2026 newsletter, and will be available at the monthly SSG membership meeting.*



https://www.salemct.gov/sites/g/files/vyhlf4966/f/uploads/4_april_newsletter_2026_final.pdf.

- **East Hampton CT – Pumpkin Town At Paul And Sandys Too:**
93 High St. East Hampton, (860 267-0143)

Pumpkintown U.S.A., located in East Hampton, has been a favorite Fall family destination for over 20 years. Opens the 3rd week in September. Bring your appetite and sharpen your pencil. We've got seasonal snacks and a scavenger hunt for you to enjoy on your hayride. Stop by the Donut Shack and the Coffee Shack on the way to the Hayride entrance.

Visitors of all ages delight in over 100 Pumpkinhead people and their pets in two venues – **The Village** and **The Forest** – each featuring multiple creative settings. You'll meet over 30 Pumpkinheads and their pals in **The Village at Pumpkintown U.S.A.** Scenes include a firehouse, saloon, church, bank, post office and more.

Another community of Pumpkinheads have made **The Pumpkintown Forest** their home. Enjoy a scenic, narrated 1-mile hayride through the **Pumpkintown Forest** where you'll see over 30 Pumpkinhead inhabitants in 17 different settings including a schoolyard, a sawmill, a coal mine and more!



SHOP FOR THE SEASON

The Harvest Store is adjacent to **The Village**. **The Garden Center at Paul's and Sandy's Too** is a short walk across the parking lot. **The Garden Center** is open Spring, Summer and Fall. **The Main Store** is open year-round. **The Christmas Shop** within the main store is open during the **Pumpkintown Season**.

- **Goshen CT – Northern Farms & Flowers: 59 Old Middle Street, Goshen, CT**

Open Mid July through Mid-October, weather dependent on frosts. Open daily 9:00 AM – 5:00 PM through Labor Day. Check for dates and hours after Labor Day. Visit: <https://northernctfarm.com/> for mor info.

Northern Farm & Flowers is a small, family-run farm in Goshen, CT, rooted in a deep respect for the land and its history. The farm is home to pastured poultry and forest-raised pork, along with fresh eggs and a selection of prepared foods made from their ingredients. They also partner with trusted local producers to offer a curated selection of provisions in the farm store.

In addition to their food offerings, they grow seasonal flowers. Their 5th You-Pick flower season continues, and each week something new is blooming! They invite visitors to experience our you-pick flower garden throughout the growing season. From spring through fall, the farm evolves with the landscape – offering flower starts, vegetable plants, and a connection to the rhythms of the land.



Share places you have been and we will post for others to visit in future newsletters.

SSG Sweatshirts & Jackets

The SSG sweatshirt and jacket order has arrived and will be available for pick-up at the SSG September membership meeting.

Salem Seniors Group Website

The SSG website, www.salemctseniors.org is up and running, so, take a moment and have a look.

Salem Seniors News *(continued)*

Play Of The Month – Matinees

- **GOODSPEED OPERA HOUSE**

6 Main Street, East Haddam
“Snow Goose A New Musical”
 Saturday, September 5th, 12th, or 19th
 Tickets: Orchestra: \$79 – \$92,
 Balcony \$47 – \$92



- **NIANTIC BAY PLAYHOUSE**

279 Main Street, Niantic
“To Kill A Mockingbird”
 Sunday, October 18th or 25th
 Tickets: \$25–\$30

- **CHESTNUT STREET PLAYHOUSE**

24 Chestnut Street, Norwich
 Sunday, November 1st or 8th
“Carrie The Musical”
 Tickets: \$30–\$35

- **NIANTIC BAY PLAYHOUSE**

279 Main Street, Niantic
 Saturday, December 5th, 13th, or 19th
“Christmas Carol The Musical”
 Tickets: \$25–\$30

- **CHESTNUT STREET PLAYHOUSE**

24 Chestnut Street, Norwich
 Sunday, December 13th, or 20th
“The Game’s Afoot: Holmes for the Holidays”
 Tickets: \$25–\$30

For more information contact Raine Spiegel: Phone: 860-918-7631, or email: ljspiegel@yahoo.com.

SSG September Calendar At A Glance

Date To Be Announced	<i>Game Night In The Daylight is cancelled until further notice.</i>
Saturdays starting June 27 th	Free Veggies, 89 Norwich Rd./Rte. 82 Salem Community Park Pavilion 9:00 AM No Early Birds
Fridays starting, July 3 rd	Bozrah Farmers Market, July 3 rd thru October 9 th , 4:00 PM to 7:00 PM
Tuesday, September 1 st	Senior Lunch, at 2Brothers Pizza Restaurant
Wednesday, September 2 nd	Song Circle, at 12:30 PM at the SVFC fire house
Tuesday, September 8 th	SSG Membership Meeting, at the 10:30 AM at the GLVFC fire house
Thursday, September 10 th	BINGO, at 12:30 PM at the SVFC fire house
Tuesday, September 14 th	Senior Lunch, at 2Brothers Pizza Restaurant
Wednesday, September 16 th	Song Circle, at 12:30 PM at the SVFC fire house
Tuesday, September 22 nd	Veterans’ Coffee House, at 6:00PM, GLVFC fire house
Thursday, September 24 th	BINGO, at 12:30 PM at the SVFC fire house
Wednesday, September 30 th	Song Circle, at 12:30 PM at the SVFC fire house

GLVFC (Gardner Lake Volunteer Fire Co.), SVFC (Salem Volunteer Fire Co.)

Thought Of The Day

If today feels heavy, don’t forget how far you’ve already come. You’ve survived days you never thought you’d get through. You’ve faced challenges that once felt impossible, yet here you are, still standing. The strength that carried you through those difficult moments hasn’t disappeared. It’s still within you. So, take one step at a time. Breathe. Keep going! You may not see it today, but you’re stronger than this moment, and brighter days are closer than you think.

Health And Wellness

Blood Drive

(Updated)

The **American Red Cross** blood drive sponsored by the **Salem Lions' Club**

WHEN: *Tuesday October 8th, from 1:00 PM – 6:00 PM.*

WHERE: *Salem Volunteer Fire Co. Firehouse, Salem*



Schedule your appointment by calling: 1-800-Red Cross (1-800 733-2767) or visit www.RedCross.org and enter SalemCT to register. Register for the blood drive and receive a \$20.00 e-gift card to the merchant of your choice.

3rd Annual Salem Lions Club – Red Cross Sound the Alarm Smoke Detector Install

The Salem Lions Club will be teaming up with **Red Cross** volunteers to install smoke detectors in Salem resident's home and provide fire safety information **FREE** of charge **Saturday, October 3rd**. The **Red Cross** will provide smoke the detectors. If you want to have smoke detectors installed October 3rd, contact Lion Keaton Cooper at: keaton028@gmail.com, or call: 518-567-5337.



During your home visit, you will receive:

- Installed smoke alarms if no working smoke alarms are present in your home,
- Guidance in the development of a Family Disaster Plan,
- Valuable emergency preparedness tips and information,
- All demonstration and installation services will be performed by **Red Cross**-trained volunteers and/or licensed/insured professionals.

Other dates are available, to schedule an appointment for another day contact the **Red Cross** directly by visiting: <https://www.redcross.org/local/connecticut/about-us/our-work/home-fire-campaign/home-fire-safety-visit.html>, or calling 877-287-3327. You will be contacted within 14 business days.

Blood Pressure Check

Uncas Health nurses are available to provide blood pressure checks at most of our monthly meetings.

988 Life Line

If you need to talk, the 988 Lifeline is here. The 988 Lifeline is available 24/7/365. Your conversations are free and confidential. (Visit their website at: <https://988lifeline.org/>) (See the Health And Assistance section page 24) of the Senior Information And Services section of the newsletter for more information)

211 Infoline Help

211 is a free, confidential information and referral service that connects people to essential health and human services 24 hours a day, seven days a week online and over the phone. (See the Health And Assistance section page 25) of the Senior Information And Services section of the newsletter for more information)

Important Senior Services

- | | |
|--|---|
| • Care & Share of East Lyme | • The CTALERT, Emergency Notification System |
| • Other Food Pantries | • Connecticut Prescription Drug Discount Card Program |
| • Municipal Medical Transportation Service | • Thames Valley Council for Community Action (TVCCA) |
| • 211 Infoline Help | • 988 Life Line |

(See the Health And Assistance section pages 23-25) of the Senior Information And Services section of the newsletter for more information)

Health And Wellness (continued)

You need vaccines throughout your life! (information provided by The Uncas Health District)

2025 Recommended Immunizations for Adults Aged 19 Years and Older

	VACCINE	19-26 YEARS	27-49 YEARS	50-64 YEARS	65+ YEARS
<i>Staying up to date on your vaccines is one of the best things you can do to protect your health.</i> <i>If you are pregnant or have a medical condition that puts you at higher risk for infections, talk to your health care provider about which vaccines are right for you.</i> KEY ● ALL adults in age group should get the vaccine. ● SOME adults in age group should get the vaccine. ● Adults should talk to their health care provider to decide if this vaccine is right for them.	COVID-19	Aged 64 & younger: At least 1 dose of the current COVID-19 vaccine			65+: At least 2 dose
	Influenza/Flu	Every Year			
	RSV	If pregnant during RSV season		If aged 50 – 74	If aged 75 or older
	Tdap/Td	Tdap every pregnancy. Td/Tdap every 10 years for all adults			
	MMR	If aged 68 or younger			
	Chickenpox	If U.S. born and aged 45 years or younger			
	Shingles				
	HPV				
	Pneumococcal				
	Hepatitis A				
	Hepatitis B	Through age 59			
	Meningococcal				
	Hib				
	Mpox				

FOR MORE INFORMATION:

Scan this QR code to find out which vaccines you may need.

Call toll-free: 1-800-CDC-INFO (1-800-232-4636),
or visit: <https://www.cdc.gov/vaccines/>.



How to Safely Dispose of Medication (information provided by The Uncas Health District)

Safe disposal of medications is crucial to protect both public health and the environment. The best method is to utilize a drug take-back program. Either through collection site or a temporary event. Or to use a medicine disposal envelope, available at Uncas Health District. If those options aren't available, you can prepare medications for disposal in the trash by making them unappealing and unidentifiable.



- 1. Keep medications in Original Containers:** This helps identify the contents if accidentally ingested.
- 2. Make Medications Unappealing:** Mix pills with water or soda, and liquids with undesirable substances like cat litter or coffee grounds.
- 3. Seal the Mixture:** Place the mixture in a sealed bag or container and tape it shut.
- 4. Dispose of in Trash:** Do not recycle the container.

Important Considerations:

- Do not Flush Medications: Flushing medications can contaminate water sources.

Community News You Can Use

The Town of Salem Celebrates America's 250th Anniversary

To commemorate America's 250th anniversary the Town of Salem is selling commemorative bags and coins. The bags are \$5.00 each and the coins are \$10.00 each with the proceeds going toward funding the drone show at the finale celebration October 17th. Bags and coins are available at the town hall but supplies are limited so get them before they are gone.



Voting Options Available

Your Say, Your Way.

If you're eligible to vote in Connecticut, you have more options than ever to make your voice heard: on Election Day, during in-person Early Voting, or by absentee ballot — now with no excuse required!

Vote in person on Election Day – Tuesday, November 3rd

- Vote at your assigned polling place.
- Polls are open 6:00 AM – 8:00 PM.
- As long as you're in line by 8 p.m., you can vote, and your vote will be counted.

Vote early in person – October 19 – November 1 (includes weekends)

- Vote in person during the 14-day Early Voting period at your town's designated Early Voting location.
- Check in.
- Print and sign your name in your town's Early Voting log book.
- Receive your ballot, and mark it privately.
- Insert your ballot directly into the voting tabulator.
- As long as you're in line by that day's Early Voting closing time, you can vote, and your vote will be counted.

Vote by Absentee Ballot – Now open to every voter

- ***New for 2026, you no longer need a specific reason, such as illness or absence from town, to apply to vote by absentee ballot.***
- Visit www.MyVote.CT.gov to apply online or to download the application in English or Spanish. You can also visit your Town Clerk's office to get an absentee ballot application in person.
- When you complete your application, include your telephone number and email if you would like your Town Clerk to contact you if you make an error.
- Once your application is approved, wait for your absentee ballot to be mailed to you, beginning 31 days before the general election.
- Once you receive your ballot, follow the instructions for marking your selections and returning your ballot carefully.
- Using the privacy sleeve for your absentee ballot is optional.
- Both print and sign your name on the return envelope.
- Return your ballot by mail, drop box, or directly to your Town Clerk no later than 8:00 PM on Election Day, Tuesday, November 3rd.

Salem Green Cemetery Association, Inc.

The Salem Green Cemetery Association, Inc. needs volunteers to fill vacancies on their Board of Directors. The Association meets quarterly and manages the affairs of the Salem Town Green Cemetery in accordance with their by-laws.

If you are interested in serving, please contact Sue Spang at sspang@salemct.gov or call 860-859-3873 x 110.

Community News You Can Use (continued)

Bozrah Farmers Market

WHEN: Fridays from 4:00 to 7:00 PM

WHERE: 45 Bozrah St, Bozrah

2026 Vendors

Beach Buns	Killam & Bassette Farmstead, LLC	Log Cabin Quilts	Them Nuts
Dude's Donuts CT LLC	Lemon Twist Lemon Aid	Munchies Food Truck	Thirsty Cactus
Fenner Forest Farm	Moonstone Teas and Botanicals	Paradis Pastries	Treatzles Pet Treats
Granny's Pie Factory	No Cows Harmed	Rare Breed Cheese	Whisktopia LLC
Holy Cannoli	Spray paint Art by Cowboy	Red Horse Pottery	Whoopies 'n Cream
Jeff's Kettle Corn	Whisk Together Catering	Red Lion Burger	Wilkinson Farm

The Farmers Market runs from July to October. Look in our July newsletter for details.



The Friends of the Salem Free Public Library Annual Book Sale

Where: Salem School Gymnasium, 200 Hartford Road, Salem (Rte. 85)

When: Friday, October 30th at 6:00 PM (early entry for FOSFPL members & dealers only), all others from 7:00 – 9:00 PM, and Saturday, October 31st from 9:00 AM to 3:00 PM. (entry for everyone)



The Congregational Church of Salem Apple Fest

Where: Salem Town Green, Hartford Road, Salem (Rte. 85)

When: Saturday, October 31st from 9:00 am until sold out!



The Congregational Church of Salem
APPLE FESTIVAL

Taste and see that the Lord is good; blessed is the one who takes refuge in him. Psalm 34:8

Apple everything: Apple pie, Apple Fritters, Apple Sundae, Apple baked goods

Mitchell Farm Fall Festival

Where: Mitchell Farm, 300 East Haddam Rd. (Rte. 82)

When: Saturday, October 31st from 11:00 am – 4:00 PM

FREE ADMISSION

Meet the Horses and Donkeys. Shop at the different booths.

Visit the Salem Seniors bake-sale booth and purchase some tasty pastries.

(all proceeds go to the Mitchell Farm). Volunteers to bake for the sale are needed and appreciated. If you wish to volunteer and/or bake for the bake sale please contact Michelle Horan at 860-303-5023 or e-mail: horan.micheller@gmail.com



Gardner Lake Volunteer Fire Company's Seventh Annual Monster Mash and Trick or Trunk

When: October 25th, from 2:00 to 5:00 PM

Where: Gardner Lake Firehouse 429 Old Colchester Road., Salem

Free Event for all ages

Contact: Julie Silva at GLVFCinfo@gmail.com to reserve a trunk.



Community News You Can Use *(continued)***19th Annual Mitchell Farm Music Festival.****WHEN:** September 18th, 19th, & 20th**WHERE:** 300 East Haddam Rd, Salem, CT

Experience the Magic of Live Music At Mitchell Farm!

*You can't beat the energy generated by hundreds of people sharing the experience of LIVE 70's music surrounded by peaceful grazing horses.***Friday at 7:00 PM****Jon Pousette-Dart****Acoustic Duo****Saturday at 2:30 PM****Laurel Canyon Band****Broken Arrow****Sunday at 2:30 PM****Mystic Dead****Discounted Advance Tickets****ON SALE NOW! at www.mitchellfarm.org***Special Discount For SSG Members, \$25 For Each Show.**Contact Kay Zak: email: kayzak@hotmail.com, or call 860-889-3989.**Gates open at 1:30 PM. Music begins at 2:30 PM.**Bring a blanket or lawn chair! Bring a picnic if you like.**B.Y.O.B. Tented event! Please, NO DOGS.**Rustic StrEats food truck on-site Sat & Sun.,**The Grill by Kay on Fri.**Net proceeds support the horses & donkeys retired to Mitchell Farm.**Mitchell Farm is a non-profit 501(c)3 equine sanctuary.**Thanks to our sponsors (so far)!**Pasta Vita, Reynolds Subaru, Humble Utopia**For information on becoming a sponsor**contact Dee at: email dee@mitchellfarm.org,**visit the website: <https://www.mitchellfarm.org>**or call: 860-303-8705***NOTE:** *If you have signed up with Kay Zak to attend, please contact her to re-sign up as the list has been lost.**Kay can be reached at, phone: 860-889-3986, e-mail: kayzak@hotmail.com.*

Community News You Can Use *(continued)*

Fairs In Connecticut

NEW

- Connecticut Renaissance Faire

WHEN: Saturdays & Sundays, August 29th to October 25th
(including Labor Day & Columbus Day)

WHERE: Lebanon Country Fairgrounds, 122 Mack Road, Lebanon (please avoid Barker Road)

ADMISSION: General – \$18.00, Youth – \$10.00, and Child – FREE

For mor information call: 844-283-2473 or visit: <https://www.ctfaire.com/>.



- Woodstock Fair

WHEN: September 3rd – 7th

WHERE: Woodstock Fairgrounds South Woodstock

ADMISSION: Adult – \$16.95,
Military – Active Duty & Senior (65+) I.D. required) – \$11.80

Celebrating its 165th year, the state's second-oldest agricultural fair has tasty food, livestock shows, a petting zoo, free stage shows, a midway, strolling entertainers, and much more.

For more information call 860-928-3246 or visit: <https://www.woodstockfair.com/>.



- Haddam Neck Fair

WHEN: September 4th – 7th

WHERE: 26 Quarry Hill Road, Haddam Neck, CT

ADMISSION: General Admission – \$15.00, Senior/Military Admission – \$12.00,
All Weekend Pass – \$35.00, All Weekend Pass Senior/Military – \$30.00

The Haddam Neck Fair is known for its family-friendly atmosphere and beautiful setting. The many events offer something for everyone including tractor and truck pulls, horse and oxen pulling contests and a horse show. Animal exhibits and contests, like women's skillet throwing, are popular. Vendors are on hand to offer vegetables, flowers, canned goods, and handmade arts and crafts. There's live music and delicious food, too!

For more information call 860-267-5922 or visit: <https://www.haddamneckfair.com/>.



- Goshen Fair

WHEN: September 5th – 7th (Saturday & Sunday, 8:00 AM – 9:00 PM,
Monday, 8:00 AM – 6:00 PM.

WHERE: 116 Old Middle Street Goshen (Rte. 63), CT

ADMISSION: Adults – \$10.00, Senior citizens – \$5.00 (Saturday only) and
Children under 12 – FREE.

Celebrating its 113th year. This Fair is a major agricultural fair with livestock judging, draft horse show, woodcutting competition, entertainment, food vendors, midway, arts and crafts, home exhibits, and more. This celebration includes an adult spelling bee, fireworks, hay bale toss contest, parade, pie-eating contest, and a skillet throw contest.

For more information call 860-491-3655 or visit <https://goshenfair.org/>.



Community News You Can Use *(continued)*

Fairs In Connecticut *(continued)*

- **Hebron Harvest Fair**

WHEN: September 10th – 13th (Thursday, 4:00 PM – 10:30 PM, Friday, Noon – Midnight, Saturday, 10:00 AM – Midnight, and Sunday, 10:00 AM – 7:30 PM)

WHERE: 347 Gilead St, Hebron, CT 06248 Phone: (860) 228-0892

ADMISSION: Thursday, \$5.55 Online, \$5.00 at Gate, Children 10 & under are FREE, Friday, Saturday and Sunday, \$18.95 Online, \$20.00 at Gate, Children 10 & under are FREE.



Celebrating its 55th year. This major agricultural fair is packed with fun and entertainment including livestock shows, a midway, exhibits, a small-animal barn, arts and crafts, food booths, and continuous stage entertainment.

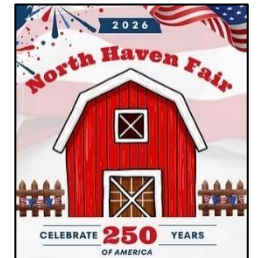
For more information call 860-228-0892 or visit <https://www.hebronharvestfair.org/>.

- **North Haven Fair**

WHEN: September 10th – 13th (Thursday, 5:00 PM – 10:00 PM, Friday, 3:00 PM – 11:00 PM, Saturday, 10:00 AM – 11:00 PM, and Sunday, 10:00 AM – 7:00 PM)

WHERE: 290 Washington Avenue North Haven, CT

ADMISSION: Adults/Children 12 & Over – \$12, Children 11 & under – FREE (With Adult Admission), Military Personnel/Veterans – \$8 (With Military or Veteran ID).



Bring the kids to Old MacDonald's Farm for a kids' pie eating contest then visit the animals in the petting zoo. Enjoy live musical performances, agricultural exhibits, arts and crafts, and great fair food.

For more information call 203-239-3700 or visit <https://www.northhaven-fair.com/>.

- **Wapping Fair**

WHEN: September 10th – 13th, Thursday, 5:00 PM – 10:00 PM, Friday, 5:00 PM – 11:00 PM, Saturday, 10:00 AM – 11:00 PM, and Sunday, 10:00 AM – 6:00 PM

WHERE: 75 Brookfield St, South Windsor, CT

ADMISSION: General Admission – \$20.00, Seniors 65+ – \$7.00 (no midway rides), Seniors 65+ – \$14.00 (includes midway rides), Children under 36" – FREE



An agricultural fair featuring livestock, rides, bands, magic, food truck festival, exhibits, children's attractions, aerialist performance, exotic animal meet and greet, vendors, and more.

For more information call 860-573-6780 or visit <https://www.wappingfair.org/>.

Community News You Can Use (continued)

Fairs In Connecticut (continued)

- **Bethlehem Fair**

WHEN: September 11th – 13th, Friday, 5:00 PM – 10:00 PM,
Saturday, 8:00 AM – 9:00 PM, and Sunday, 8:00 AM – 5:30 PM

WHERE: Bethlehem Fair Grounds, 384 Main Street North Bethlehem CT

ADMISSION: Cash only at the gate.



Join us for our 101st. Fair Old-fashioned agricultural fair with livestock, agricultural exhibits, horse show, horse drawing, art and photography show, farm displays, amusement rides, food, and entertainment.

The Bethlehem Fair does not sell entry tickets or take vendor entries or payments online. If you see someone advertising these, please let us know, and DO NOT fall into their trap.

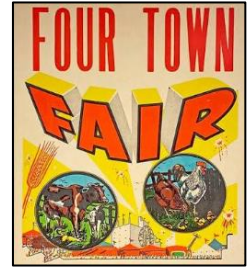
For more information call 203-266-5350 or visit <https://bethlehemfair.com/>.

- **Four Town Fair**

WHEN: September 17th – 20th, Thursday, 4:00 PM – 9:00 PM,
Friday, 4:00 PM – 11:00 PM, Saturday, 8:00 AM – 11:00 PM, and
Sunday, 8:00 AM – 5:00 PM

WHERE: 56 Egypt Road, Somers, CT

ADMISSION: Adults – Thursday \$6.00, Friday Saturday, and Sunday – \$10.00,
Seniors – Thursday and Friday only – \$5.00,
Children 12 and under – FREE,
Weekend Pass (4-days) \$25.00. Free Parking both On and Off Premises



Celebrating America's 250th while honoring 188 years of Four Town Fair tradition. You'll have one-of-a-kind fun at the four-day event in Somers, one of Connecticut's oldest fairs. Enjoy a fair parade through the center of Somers, a variety of contests, live bands, amusement rides, a horse show, livestock, and delicious fair treats.

For more information call 860-749-6527 or visit <https://4townfair.com/>.

- **Berlin Lions Agricultural Fair**

WHEN: September 17th – 20th, Thursday, 4:00 PM – 10:00 PM,
Friday, 4:00 PM – 10:00 PM, Saturday, 9:00 AM – 10:00 PM, and
Sunday, 9:00 AM – 7:00 PM

WHERE: 430 Beckley Rd, Berlin, CT

ADMISSION: Adults – \$18.00 (cash), \$21.00 (credit), Seniors (62+) – \$10.00 (cash), \$11.00 (credit),
Children 11 and under – FREE, Children 12-17 – FREE until 2:00 PM, Friday only, Student
(good only on Friday from 11:00 AM – 2:00 PM), * Active Military (with ID) * – FREE,
Veterans (with ID)* – \$10.00 (cash or credit), Adult 4 Day Pass – \$49.00 (cash),
\$52.00 (credit), Senior 4 Day Pass – \$30.00 (cash), \$31.00 (credit).

* Available only at the Box Office at the fairgrounds



The Berlin Fair began in 1882 as a Harvest Festival, became a state agricultural fair in the early 1900s, and remains a much-anticipated event in central Connecticut. The packed schedule includes pie-eating contests, frog jumping, large animal and crafts exhibits, and live entertainment throughout the weekend.

For more information call 860-828-0063 or visit <https://www.ctberlinfair.com/>.

Community News You Can Use (continued)

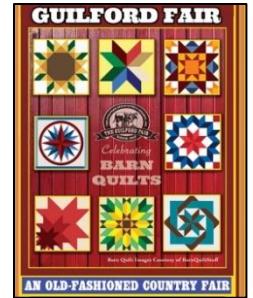
Fairs In Connecticut (continued)

• Guilford Fair

WHEN: September 18th – 20th, Friday, 4:00 PM – 11:00 PM,
Saturday, 9:00 AM – 11:00 PM, and Sunday, 9:00 AM – 7:00 PM

WHERE: 111 Lovers Ln, Guilford CT

ADMISSION: Adults/Children 12 & up – \$15.00, Seniors (62 +) \$10.00, Veterans & Active Military (with ID) – \$10.00, Children 11 & under – FREE. Parking on-site \$10.00. Free Parking with Shuttle Bus service to the Fairgrounds is available via the satellite parking lot, located at 1575 Boston Post Road, Guilford, just off of I-95/Exit 57.



Come to The Guilford Fair, Connecticut's 2nd oldest agricultural fair! Established in 1859, the Fair is held each year during the third full weekend in September, on the Fairgrounds in historic Guilford, CT. The Guilford Fair offers midway rides, games and food, cattle, poultry, sheep and goats, vegetables, baking, canning, flowers, arts & crafts, needlework, photography exhibits, and an antique tractor pull and show.

For more information call 860-828-0063 or visit <https://guilfordfair.org/>.

• Durham Fair

WHEN: September 24th – 27th, Thursday, 4:00 PM – 10:00 PM,
Friday, 9:00 AM – 10:00 PM, Saturday, 9:00 AM – 10:00 PM,
and Sunday, 9:00 AM – 6:00 PM

WHERE: 24 Townhouse Road, Durham, CT

ADMISSION: Thursday all tickets – \$10.00, Children 11 & Under, Active Military (with ID), and Attendees in wheelchairs – FREE. Friday, Saturday, and Sunday – Adults - \$20.00, Seniors (65 +) \$10.00, Children 11 & Under, Active Military (with ID), and Attendees in wheelchairs – FREE. Four-Day (Four Admissions) – \$50.00.

Dating back to 1916, the Durham Fair continues its tradition today as Connecticut's largest agricultural fair. With rides and games, tractor pulls, three livestock barns, crafts, exhibits featuring baking, canning, photography and horticulture; and a wide selection of fair food, there's a huge harvest to take in. Don't miss headliner Tyler Hubbard on the Main Stage!

For more information call 860-349-9495 or visit <https://www.durhamfair.com/>.



• Harwinton Fair

WHEN: October 2nd – 4th, Friday, 4:00 PM – 9:30 PM, Saturday,
9:00 AM – 9:30 PM, and Sunday, 9:00 AM – 6:00 PM

WHERE: 150 Locust Rd, Harwinton CT

ADMISSION: Thursday all tickets – \$10.00, Children 11 & Under, Active Military (with ID), and Attendees in wheelchairs – FREE. Friday, Saturday, and Sunday – Adults - \$20.00, Seniors (65 +) \$10.00, Children 11 & Under, Active Military (with ID), and Attendees in wheelchairs – FREE. Four-Day (Four Admissions) – \$50.00.

The 169th Harwinton Fair offers good old-fashioned fun for all! See the pig races, antique tractor show, rabbit costume contest, oxen draw, and Civil War displays. Enjoy a magic show and bluegrass music after visiting the barnyard animals. Stop by the Country Store for a memento of your special day!

For more information call 860- 485-9066 or visit <https://harwintonfair.com/>.



Community News You Can Use *(continued)*

Fairs In Connecticut *(continued)*

- **Portland Fair**



WHEN: October 2nd – 4th, Friday, 3:00 PM – 11:00 PM,
Saturday, 10:30 AM – 10:00 PM, and Sunday, 10:30 AM – 6:00 PM

WHERE: Portland Fair Grounds, 1401 Main St, Portland, CT

ADMISSION: Adults – \$15.00, Seniors (65+) – \$10.00, Active/Reserve Military (with valid ID) – \$10.00,
Children under 12 – FREE.

The Portland Fair is a family-run October fair in the Connecticut River Valley, with livestock and small-animal shows, tractor pulls, a midway, and a full slate of agricultural competitions at the Portland Fairgrounds. The Portland Fair gives enthusiasts one last chance to experience all the classic fair entertainment, food, exhibits, animals, and activities for the year.

For more information visit <https://portlandfair.com/>.

- **Riverton Fair**



WHEN: October 9th – 11th, Friday, 4:00 PM – 9:00 PM,
Saturday, 8:00 AM – 8:00 PM, and Sunday, 8:00 AM – 5:00 PM

WHERE: Riverton Fairgrounds, 16 Riverton Road (Rte.20), Riverton, CT

ADMISSION: All tickets – \$10.00, Children Under 12 – FREE. Free parking.

Old-fashioned country fair on scenic Farmington River with exhibits, animals, vendors, food, midway rides, music, wood chopping events, and more. The Riverton Fair is the traditional close of Connecticut's fair season, held the second weekend of October in the scenic Litchfield Hills village of Riverton. It keeps an old-time country flavor with oxen draws, woodsmen events, a flower hall, and homemade fair food.

For more information visit <https://rivertonfair.com/>.

A Little Humor



Time flies like an arrow.

Fruit flies like a banana.

Why was Cinderella so bad at soccer?

She kept running away from the ball!

What do elves learn in school?

The elf-abet.

Where was King David's temple located?

Beside his ear.

What did one toilet say to another?

You look flushed.

What lights up a soccer stadium?

A soccer match.

What vegetables are a sailor's enemies?

Leeks!

Why did the banana go to the doctor?

Because it wasn't peeling well.

What's a firefly's favorite dance?

The glitterbug!

Where do roses sleep at night?

In their flowerbed!

Why was the politician out of breath?

He was running for office!

What did the left eye say to the right eye?

Between you and me, something smells.

Why aren't koalas actual bears?

They don't meet koalafications.

Community News You Can Use *(continued)*

Around Town

• **Fire Marshal's Office** ★

- ★

• **Calls For The Month of July** ★

- | | |
|-----------|------------------|
| - Fire | - Non-Emergency |
| - Hazards | - Public Service |
| - Medical | - Rescue |

TOTAL:

--

• **Station Report Details** ★

- Station 21*
- Station 27**
- Town of Salem

TOTAL:

* Salem Volunteer Fire Co.

** Gardner Lake Volunteer Fire Co.

• **Mutual Aid Given For The Month of July** ★

- | | |
|---------------------------------|----------------------------------|
| - Bozrah Volunteer Fire Co, | - Lebanon Volunteer Fire Company |
| - Colchester Hayward Fire Dept. | - Oakdale Volunteer Fire Company |
| - East Haddam Fire Dept. | - Montville |

TOTAL:

• **Salem Resident State Trooper & Colchester Troop K** ★

During the month of March, the Salem Resident Trooper as well as Troop K Troopers responded to **137** calls for service In the Town of Salem. Calls of interest: are:

- | | | |
|------------------------|-----------------------|-------------------------|
| - Administrative | - Debris | - Escape Response |
| - Alarm | - Patrol Check | - Trespassing |
| - Criminal Mischief | - Domestic | - Crash |
| - Assault | - Larceny | - Narcotics |
| - Community Engagement | - Disturbance | - Untimely Death |
| - Medical Assist | - Assist Citizen | - Officer Initiated |
| - Motor Vehicle Theft | - OUI | - Non LAH Traffic Stops |
| - Burglary | - Suspicious Incident | - Weapons Offense |

TOTAL CALLS FOR SERVICE:

• **Emergency Management** ★

- ★

• **Public Works** ★

- ★

★ Data not available for the month of August.

The Southeastern CT Regional Resources Recovery Authority (SCRRRA)

SCRRRA is the waste management and recycling authority for the 12 member municipalities.

For the schedule of collection events, participation protocol, and a listing of acceptable and unacceptable items and limits see page 26 of the Senior Information And Services section of the newsletter.



Transfer Station Spring Amnesty/Bulky Waste Days

The spring Transfer Station Amnesty days are: Saturday, October 17th, Sunday, October 18th and Wednesday, October 21st.



Do not bring mattresses, metal or electronics on Amnesty/Bulky Waste Days. These items are free any time. Bring them any other day.

Salem Free Public Library (SFPL)

• **Library News – August** ★

- ★

• **Library Building & Collection:** ★

- ★

• **August Patron Data** ★

★ Data not available for the month of August.

Community News You Can Use (continued)

Salem Free Public Library (SFPL) (continued)

• News & Events

- Books in the Afternoon Book Club; Thursday, September 24th, at 1:00 – 3:00 PM.

"The Beautiful Things That Heaven Bears" by: Dinaw Mengestu:

Seventeen years ago, Sepha Stephanos fled the Ethiopian Revolution for a new start in the United States. Now he finds himself running a failing grocery store in a poor African-American section of Washington, D.C., his only companions two fellow African immigrants who share his bitter nostalgia and longing for his home continent. Years ago, and worlds away Sepha could never have imagined a life of such isolation. As his environment begins to change, hope comes in the form of a friendship with new neighbors Judith and Naomi, a white woman and her biracial daughter. But when a series of racial incidents disturbs the community, Sepha may lose everything all over again.

Adults over 18 are welcome. To join the group, e-mail Christine Murtha at: murthachristine@yahoo.com.

• Museum Passes and Discounted Admission Passes

The Library offers Museum Passes And Discounted Admission Passes to many of the museums in our state, visit the library, or go to the library website by clicking on: <https://www.salemct.gov/library/pages/museum-passes> to view the library website for the details on the passes available and pass availability. (see pages 28-29) of the Information and Services section of the newsletter for details).

• Programs & Events To Enjoy With Your Grandchildren And Family

- Summer Storytimes

WHEN: Every Wednesday *
Starting September 2nd
at 10:30 AM.



* No Storytime on November 11th or 25th.

Register at the Circulation Desk
Or call 860-859-1130

(Sponsored by The Friends of the Salem Free Public Library)

- Drop-in Play Group

WHEN: Every Wednesday after
Storytime, from 11:00 AM – Noon.



Stop by for a drop-in playgroup for children and their caregivers! Our playroom offers a welcoming space to have fun, explore, and learn together. Have the chance to make new friends, learn through play, and build early literary skills.

- LEGGOS @ The Library

WHEN: 1st Wednesday of the
Month, September 2nd,
October 4th & November 7th
4:00 to 5:00 PM



Come use the Library's LEGOS to build your own creation and put on display at the Library. Recommended for ages 5+, little LEGOS will be used.

Register at the Circulation Desk
Or call 860-859-1130

- SFPL Knitting Group

WHEN: Every Thursday,
10:00 AM to Noon



Bring your knitting or crochet projects to work on and chat with the group.

The group also works on items that will be for sale during the holidays to support The Friends of the Salem Free Public Library.

Community News You Can Use (continued)

SFPL (continued)

• **Programs & Events To Enjoy With Your Grandchildren And Family**

- **Connecticut Death Collective Series**

WHEN: Wednesday September 9th at 6:00 PM

**#1: Talking about Death:
A Community Conversation.**

**Presented by Becca Allen of the
Connecticut Death Collective.**



An interactive gathering to explore death and dying in a welcoming, supportive space.

Using a thought-provoking card game, we'll spark curiosity, laughter and meaningful conversation

Call 860 859-1130 to register

(Sponsored by The Friends of the Salem Free Public Library)

- **Pen Turning**

WHEN: Saturday, September 12th
from 10:30 AM to 1:00 PM



Learn about woodturning at this hands-on event! Members of the Eastern Connecticut Woodturners will be set up to guide attendees through turning their very own pen.

**Limited to 25 participants, ages 12 to adult.
Participants must sign a waiver to participate.**

One pen per person

Call 860 859-1130 to register for a time slot

(Sponsored The Eastern Connecticut Woodturners and
The Friends of the Salem Free Public Library)

- **Intro To Beekeeping**

WHEN: Wednesday, September
16th at 6:00 PM

Learn the basics from local
beekeepers, First Selectwoman,
Sue Spang and fellow beekeeper, Bill Martin.



Limited to 40 teens/adults

Call 860-859-1130 to register

(Sponsored by the Carol Eckart & Carl Nawrocki
Memorial Summer reading fund)

- **Colonial Flag Embroidery Workshop**

WHEN: Saturday, September 19th
at 11:00 AM



Learn to embroider a historic Betsy
Ross Flag on a tea towel. Beginners
welcome; all supplies are provided.

Limited to 12 participants, ages 12 to adult.

Call 860-859-1130 to register

(Sponsored by The Friends of the Salem Free Public Library)

• **Salem Recreation 2026 Calendar**

For the complete **Salem Recreation 2026 Calendar** (see page 22) in the Salem Recreation Calendar section of the Senior Information and Services portion of the newsletter).

• **Free Veggie Saturdays! NO EARLY BIRDS, PLEASE**

WHEN: Every Saturday Morning, 9:00 AM to 11:00 AM
beginning June 27th

WHERE: Salem Community Park Pavilion 89 Norwich Road (Rte. 82)

Bring proof of Salem residency, a bag and respect for the needs of others in our community.

Limit one bag per household. The garden is a volunteer run group. Volunteers are always welcome! Let us know if you're interested in joining, contact the Rec. Commission at:

recreation@salemct.gov or call 860-859-3678 x275



Community News You Can Use (continued)

Salem Recreation Department (continued)

- **Adult Co-Ed Pickleball
Pick-Up Games**

WHEN: Saturday mornings
8:00 AM to 10:00 AM, &
Tuesday evenings,
5:30 PM to 7:30 PM



WHERE: Round Hill Road Tennis/Pickleball
Courts April through September

For Salem & East Lyme Residents,
age 18 and up. Sign in upon arrival

- **Find Your Footprint –
Medallion Project**



Let us know when you've found
your 2025 Medallion & submit a photo!

Find a medallion in the following preserves:

Walden Preserve, Zemko Sawmill Preserve, Multi-
Purpose Path/Harris Brook Trail, Darling Road
Preserve, Smuggler's Rock Preserve, Salem
Riverside Preserve

www.salemct.gov/recreation/footprintproject

**Special Thanks to Kim Ford, The Salem Land
Trust, Teri Natoli, and our Volunteers**

- **Salem Woods Disc Golf Course**

Where: Bob Appleby Fields
At Volunteer Park
24 Forsyth Road



Come and try it out!! Discs available for loan.

Call: 860-859-3873 x275, or

Contact Us: e-mail: recreation@salemct.gov

- **Community TAG Salem Day**

When: Saturday September 26th
From 9:00 AM to 12 PM

Rain Date: Sunday, September 27th

Where: Salem Community Park Pavillion
Pavillion spots open to all Residence
Listings for Residents only

- **Personal Euphoria Virtual Fitness Classes**

Fall Classes

Pilates

Tuesday September 15th – December 8th
6:00 PM to 6:45 PM
Instructor: Rob (13 weeks)
Cost: \$111

Core Strength

Thursday September 17th – December 10th
No class November 26th
6:00 PM to 6:45 PM
Instructor: Rob (12 weeks)
Cost: \$102

15 Min. HIIT

September 16th – December 16th
8:10 AM to 8:25 AM
Instructor: Maggie (14 weeks)
Cost: \$56

Cardio Strength

Wednesday 8:30 AM to 9:15 AM
Instructor: Maggie (14 weeks)
Cost: \$119

Strength & Stretch (New)

5:15 PM to 6:00 PM to 9:15 AM
Instructor: Maggie (11 weeks)
Cost: \$94

Community News You Can Use *(continued)*

Route 161 reconstruction begins for I-95 project in East Lyme

By: Gianni Salisbury, Day Staff Writer, published: August 31st

East Lyme — Route 161 reconstruction has begun as the I-95 construction project completes its last phase.

The reconstruction began Tuesday, August 25th, with the town warning drivers that both northbound and southbound lanes of Route 161 will be covered with gravel between Old Frontage Road and the Starbucks area for about 10 days. The town advised drivers to slow down while traveling through the construction zone.

The work, which is a "full-depth roadway reconstruction," comes as the \$148 million I-95 reconstruction project works to complete its final stage after more than three years of construction.

The project, which began in 2023, is expected to be completed by November, according to Connecticut Department of Transportation engineers. The project is designed to improve safety and traffic flow along I-95 between Exits 74 and 75.

The final stage has included a traffic shift that moves I-95 traffic into the new permanent southbound lanes and a reconfiguration of the Exit 75 southbound ramp.

The changes give drivers more time to slow down before exiting the highway, according to project engineers. The DOT entered into the final stage of the project in July. Previously the project also included the replacement of the I-95 bridge.

The Route 161 reconstruction is one of the last remaining jobs before the project is completed. Large portions of Route 161 are scheduled to be milled and paved in October.

The DOT said on its website that drivers should also expect continued nighttime lane closures on I-95 in both directions. According to the project's traffic detour information, closures are scheduled Sunday through Thursday from 8:00 PM to 5:00 AM within the project limits between Exits 74 and 75.

The project remains on budget and on schedule for completion in November, as of April. The budget had increased by about \$10 million since construction began.

The project also includes speed cameras on both sides of I-95. The cameras issue warnings and citations to vehicles traveling at least 15 mph over the speed limit. The speed limit in the construction zone is 50 mph.

The I-95 project is expected to wrap up after the final construction activities this fall, ending the three-year project. Project information and current traffic updates are available on the Connecticut Department of Transportation's I-95 East Lyme project website.



Veterans' Coffee House

WHEN: **Tuesday September 22nd at 6:00 PM**

WHERE: **The Gardner Lake Volunteer Fire Co. fire house, 429 Old Colchester Road, Salem,**



Please contact Michelle Horan if you plan to attend so we can have a headcount to ensure there is enough food. Michelle can be contacted at: Horan.micheller@gmail.com or call/text at: 860-303-5023

Community News You Can Use *(continued)**(note the class day & time changes)***Chair Yoga & Aerobics At Marissa's Dance Academy**

WHEN: Mondays (Yoga) from 3:15 PM to 3:45 PM, and
Wednesdays (Aerobics) from 4:00 PM to 4:30 PM

WHERE: Marissa's Dance Academy, 1 New London Road, Unit 26.

Chair exercise classes are targeted for seniors. If you are interested in enrolling please contact Marissa Ruddat, Director of Marissia's Dance Academy directly.

Call/text her at: 860-207-4656, e-mail: info@marissasdanceacademy.com.

Salem Seniors can take advantage of a trial class by dropping in for no cost, Limited to one class.

Marissa's Dance Academy has been named by Google Reviews as the Best Dance School in New London County. Congratulations Marissa!

**Box Tops For Education Fundraiser***(this is a year around event)*

See page 25 the Salem Information and Services section of the newsletter for details on the box tops for Salem School fundraiser.

Public Town Meetings – August 2026

Board of Selectmen Tuesday, September 1 st , 7:00 PM -- CANCELLED --	Board of Selectmen Wednesday, September 3 rd , 7:00 PM
Library Board of Directors Tuesday, September 8 th , 6:00 PM -- CANCELLED --	Planning & Zoning Commission Tuesday, September 8 th , 7:00 PM -- CANCELLED --
BOE Long Range Educational Planning Monday, September 14 th , 5:00 PM	BOE Personnel/Contract Negotiations Monday, September 14 th , 6:00 PM
Board of Education Regular Meeting Monday, September 14 th , 7:00 PM	Economic Development Commission Tuesday, September 15 th , 6:00 PM
Emergency Preparedness Agency Wednesday, September 16 th , 7:00 PM	BOE Co-Op Meeting at Salem, Monday, September 21 st , 6:00 PM
Recreation Commission Monday, September 21 st , 7:00 PM	Planning & Zoning Commission Tuesday, September 22 nd , 7:00 PM
BOE Curriculum Monday, September 28 th , 5:00 PM	BOE Policy Monday, September 28 th , 6:00 PM

Public Meetings Calendar: <https://www.salemct.gov/Calendar.aspx>

Riddle Me This

- Riddle 1:** Poor people have it. Rich people need it. If you eat it you die. What is it?
- Riddle 2:** What belongs to you but is used by everyone you meet?
- Riddle 3:** What building has the most stories?
- Riddle 4:** What has many teeth but cannot bite?
- Riddle 5:** Until I am measured, I am not known. Yet how you miss me, when I have flown. What am I?
- Riddle 6:** How many Fridays the 13ths can there be in one calendar year?
- Riddle 7:** I speak without a mouth and listen without ears. I have no body, but I come alive with wind. What am I?
- Riddle 8:** Two men are in a desert. They both have backpacks on. One of the guys is dead. The guy who is alive has his backpack open and the guy who is dead has his backpack closed. What is in the dead man's backpack?

Photos From Recent SSG Activities

Mini Golf At Odetah Camp Ground

On Friday August 14th the Salem Seniors were on the go again. This time they were at Odetah Camp Ground at Knolls and Holes Mini Golf course in Bozrah. This was a smaller group this time but everyone had fun and enjoyed the wonderful day. Thank you to Michelle for planning the event.



Salem Seniors Manning The Hotdog Booth

Salem Seniors manning the hotdog booth at the Lion's Club Annual Tag Sale to help fund the 250th Anniversary Celebration Finale Drone Show October 17th.



Salem Seniors manning the hotdog booth at the Salem Community Picnic to help fund the 250th Anniversary Celebration Finale Drone Show October 17th.



SENIOR INFORMATION AND SERVICES

Future Fundraisers

Fundraising Committee Activities

2026 Bake Sale/Basket Raffle Schedule

- **September** – Bake Sale *
 - **October** – Baking Supplies Basket
 - **November** – no fundraiser (meeting at School)
 - **December** – Holiday Food Basket
- * *Bakers always needed, if interested contact Arlene Phillips: 860-204-0289, Deb Okarmus: 860-823-7984, or Cindy Holle: 860-908-6456*

2026 Salem Recreation Calendar

MARCH 4 NATIONAL WINTER WALK TO SCHOOL DAY Bingham Field, Salem School, 8 am <i>*re-scheduled, originally scheduled February 4</i> 14 REGIONAL UNIFIED NIGHT New London Community Recreation Center 1 Recreation Way, New London, 6 to 9 pm <i>*re-scheduled, originally scheduled February 7</i> 28 Salem Lions Club 32nd ANNUAL EASTER EGG HUNT for Toddlers to Grade 4 Salem School Gym & Field, 1 to 3 pm	JUNE 6 TOUCH-A-TRUCK Salem Community Park Pavilion, 10 am to 1 pm 5 FIND YOUR FOOTPRINT! MEDALLION PROJECT In cooperation with the Salem Land Trust Start hunting for this year's Footprint hidden along select trails 25 SUMMER CONCERT Salem Community Park Pavilion, 6 to 8 pm	JULY TO AUGUST 7 SUMMER FUN RUN (Event is Rain or Shine) Bingham Field, Salem School Every Tuesday for Six Weeks (final date: August 11) 5:30 pm: 1-mile Walk/Run/Stroll. 6:00 pm: 3-mile Run.
APRIL 16 SPRING CONCERT (Rain date: Saturday, April 18) with WICKED PEACH Salem Community Park Pavilion, 6 to 8 pm TBD STARGAZING NIGHT Salem Community Park Pavilion, Time TBD Sponsored with Three Rivers United Environmentalists & the Environmental Engineering Technology Program 25 Salem Little League OPENING DAY Lou Uffers Sports Complex, 10 am	JUNE TO EARLY FALL FREE VEGGIE SATURDAYS Salem Community Park Pavilion, 9 am Bring Proof of Salem Residency, your own Bag, and Respect for the needs of others. No Early Birds, please.	SEPTEMBER 26 COMMUNITY TAG SALEM DAY Rain date: Sunday, September 27 Salem Community Park Pavilion, 9 am to 12 pm Pavilion spots open to all. Residence listings for Residents only.
MAY 6 NATIONAL BIKE TO SCHOOL DAY Bingham Field, Salem School, 8 am 25 MEMORIAL DAY PARADE & BIKE DECORATING CONTEST Salem Town Green, following Ceremony	JULY TBD Economic Development Commission 4th ANNUAL CHRISTMAS IN JULY Salem Community Park Pavilion, 9 am to 2 pm 30 SUMMER CONCERT Salem Community Park Pavilion, 6 to 8 pm	OCTOBER 7 NATIONAL WALK TO SCHOOL DAY Bingham Field, Salem School, 8 am TBD STARGAZING NIGHT Salem Community Park Pavilion, Time TBD Sponsored with Three Rivers United Environmentalists & the Environmental Engineering Technology Program 25 Gardner Lake Volunteer Fire Company MONSTER MASH + TRICK OR TRUNK Gardner Lake Volunteer Fire Company 2:00 to 5:00 pm
	AUGUST 20 SUMMER CONCERT Salem Community Park Pavilion, 6:00 to 8:00 pm	DECEMBER 5 ANNUAL HOLIDAY TREE LIGHTING Center School/Town Green, 3 to 5 pm
STAY TUNED FOR MORE EVENTS & ACTIVITIES! EVENTS ARE SUBJECT TO CHANGE. CHECK WEBSITE FOR UPDATES or SIGN UP FOR E-BLASTS! salemct.gov/recreation 860-859-3873, x275 recreation@salemct.gov Rev. 3/10/2026		

To view the **Town of Salem Events & Activities Booklet** visit :

https://www.salemct.gov/sites/g/files/vyhlif4966/f/uploads/2026_springsummer_v1.pdf.

Health And Assistance

Senior Resources Agency On Aging

Senior Resources is a private non-profit organization established in 1976 and authorized by the Older Americans Act of 1965 and state statute. They serve as the Area Agency on Aging in Eastern Connecticut. Their service area covers 56 towns located in New London County, Middlesex County and Windham County as well as a small portion of Tolland County.



Senior Resources is a strong voice for the region's elderly citizens. Through their involvement at the federal, state and local level they work to enhance the quality of life for older persons. In addition to advocating legislatively, their continuing work with volunteers and citizen groups enables us to spread the word about benefits and services.

They work with a strong, diversified network of community-based agencies to offer a wide range of services and supports. Their community partnerships allow them to meet the needs of their consumers.

Their mission is to provide access to information and services to empower adults to live with dignity.

For more info visit their website click on <https://seniorresourcesec.org/>.

The CTALERT – Emergency Notification System

Overview:

The State of Connecticut has a state-of-the-art emergency notification system to alert residents about emergencies in your area. (**State of CT Emergency Notification System (CTALERT)**)

To sign-up for CTALERT go to the website by clicking on:

member.everbridge.net/index/892807736721724#/signup

Municipal Medical Transportation Service

The Caregiver Mileage Reimbursement and Medical Transportation program is for adults 60+ and persons with disabilities who are unable to drive and need transportation medical appointments.

To access this service contact: Agnes Miyuki, Salem's Agent for the Elderly at 860-859-3873 X 125. Agnes can provide all program and eligibility information.

Use the following link to view the Guidelines for the Municipal Medical Transportation Service:

saalemct.gov/sites/g/files/vyhlf4966f/uploads/transportation_fy22_packet_0.pdf

Care & Share

Care & Share of East Lyme, Inc. provides food, financial and emergency support to individuals and families in East Lyme, Niantic, and Salem. **If you are interested in receiving assistance, contact them at 860-739-8502.** Leave a message with your name, telephone number and the type of assistance you need, as well as the best time you can be reached. A responder will confidentially return your call. **To see what other services they provide visit their website by clicking on: careandshareofel.org/.**

Connecticut Prescription Drug Discount Card Program

All Connecticut Residents Can Sign Up for the Free Discount Card to Receive Savings on Medication

A prescription drug discount card program was launched in Connecticut on October 2, 2023, enabling all residents of the state to receive savings on certain prescription drugs. The program was established by a provision of Governor Lamont's health care affordability bill (Public Act 23-171), which was approved by the General Assembly and signed into law in June. It is administered by the Office of the State Comptroller.

For more information on how the **ArrayRx discount card works**, including a list of frequently asked questions and a drug price lookup tool, visit **arrayrxcard.com/** or review our **February 2024 Newsletter**

Thames Valley Council for Community Action (TVCCA)

Senior volunteer programs, often part of AmeriCorps Seniors, provide opportunities for individuals aged 55 and older to contribute their skills and experience to their communities. These programs, such as RSVP (Retired and Senior Volunteer Program), connect volunteers with various organizations to address local needs, often in areas like education,

Health And Assistance *(continued)*

TVCCA *(continued)*

health, and social services. Due to cuts in federal and state government funding for the AmeriCorps Seniors the RSVP/Senior Volunteer Program is no longer available. However, assistance for things like food and nutrition, energy, housing, and more is still available through TVCCA. ***Please visit the website by clicking on [TVCCA.org](https://www.tvcca.org) or call our main receptionist number 860-444-6600.***

988 Life Line

If you need to talk, the 988 Lifeline is here. The 988 Lifeline is available 24/7/365. Your conversations are free and confidential. (Visit their website at: <https://988lifeline.org/>)

At the 988 Suicide & Crisis Lifeline, we understand that life's challenges can sometimes be difficult. Whether you're facing mental health struggles, emotional distress, alcohol or drug use concerns, or just need someone to talk to, our caring counselors are here for you. ***You are not alone.***

Using the 988 Lifeline is free. When you call, text, or chat the 988 Lifeline, your conversation is confidential. The 988 Lifeline provides you judgment-free care. Connecting with someone can help save your life.

CALLING THE 988 LIFELINE

Here is what you can expect when making a call to the 988 Lifeline:

- First, you'll hear a message that gives you service selection options including Veterans (Press 1), Spanish-language (Press 2), or your local 988 Lifeline contact center.
- They will play some hold music while you are connected to a live counselor.
- A counselor will say hello and introduce themselves. Your skilled counselor will ask you if you are safe.
- After they ask about your safety, your counselor will listen to you, understand how your problem is affecting you, provide support, and share any resources that may be helpful.

TEXTING WITH THE 988 LIFELINE

Here is what you can expect when texting the 988 Lifeline.

- When you send a text to 988, you will be given options to connect with a live counselor from the main 988 Lifeline or our Spanish-language (text AYUDA) and information on how to text the Veterans Crisis Line at 838255.
- When you text "Next" you will be accepting our Terms of Service.
- You will be asked to complete a brief survey to help your counselor understand how they can best support you.
- You'll receive a "Wait" message with a survey link to optional questions while we connect you to a counselor.
- Your counselor will say hello and introduce themselves. Your skilled counselor will ask if you are safe.
- After they ask about your safety, they will be calm and comforting, listen to you, and provide support. They may also share helpful resources.

CHATting WITH THE 988 LIFELINE

Here is what you can expect when starting a chat with the 988 Lifeline.

- After clicking "Chat" a new window with a brief survey will open. This survey helps our live counselors understand how to best support you and takes less than 5 minutes to complete.
- When you click "Start a Chat", you are accepting our Terms of Service.
- You will then see a message that indicates we are connecting you to a live counselor.
- When you are connected, a counselor will say hello and introduce themselves. Your skilled counselor will ask if you are safe.

After they ask about your safety, they will be calm and comforting, listen to you, and provide support. They may also share helpful resources.

Health And Assistance *(continued)*

211 Infoline Help

211 is a free, confidential information and referral service that connects people to essential health and human services 24 hours a day, seven days a week online and over the phone.

211 is fully certified in crisis intervention by the American Association of Suicidology and is certified by InformUSA. InformUSA is the professional association for over 1,200 community Information and Referral (I&R) providers.

Follow the link <https://www.211ct.org/> to the webpage for more information on how 211 can assist you or someone you know that needs help.

Food Pantries

Below are a few of the local food pantries available in our area. Please contact them directly to get on their list and for more information as to when they are open for pick up. If you need assistance with pick up let the agency know and they can arrange for delivery.

Name	Locations	Contact	Phone Number
Care & Share	12 Roxbury Road	Niantic	860-739-8502
United Way Mobile Food Pantry	Three Rivers Community College	Norwich	860-464-3327
Rosalyn Allen Food Pantry	Mobile Pantry	Norwich	860-822-4146

News And Information

Salem School Fundraiser

The Salem PTO has many fundraisers during the year. Are you looking for an **EASY** way to support Salem School and help us reach our goal? One you can help with is the **Box Tops For Education** fundraiser.

For over 29 years, **Box Tops for Education** has given families an easy way to earn cash for schools with products they already buy! Today, you can find hundreds of participating products throughout the store. Scan or submit your receipt with the Box Tops app within 14 days of purchase, or shop with your Walmart connected account, and you'll earn for your school with every Box Tops product you buy.

YOU CAN MAKE A DIFFERENCE FOR SCHOOLS
AMERICA'S SCHOOLS HAVE EARNED \$958,015,672 WITH BOX TOPS...AND COUNTING

It's so simple:

- ✓ Download the Box Tops for Education app on your device (phone, tablet, computer, etc.), here is the link to the Box Tops for Education website: <https://www.boxtops4education.com/s/>
- ✓ Select **Salem School** (or your school)
- ✓ Submit your receipts by:
 - 🛒 Linking your Walmart account (yep, even for grocery delivery!)
 - 📄 Uploading/emailing a digital receipt (ShopRite, Stop n Shop, Target, Amazon, and more!)
 - 📷 Snapping a pic of your paper receipt

No clipping. No scanning items. Just shop like you normally do — and help us earn cash for PTO programs that benefit our school and students!

Examples of Box Top products:



Here is the link to download the complete list of participating brands:

<https://www.boxtops4education.com/s/box-tops-products>

News And Information *(continued)*

The Southeastern CT Regional Resources Recovery Authority (SCRRRA)



SCRRRA is the solid waste and recycling authority for the twelve member municipalities of East Lyme, Griswold, Groton, Ledyard, Montville, New London, North Stonington, Norwich, Preston, Sprague, Stonington, and Waterford

SCRRRA funds and administers a household hazardous waste (HHW) collection program for residents of our member municipalities however, residents from Salem can go to ANY of the 9 Household Hazardous Waste (HHW) collection events.

2026 Household Hazardous Waste and Confidential Paper Shredding Schedule.

- **Saturday, September 19th** North Stonington Route 2, across from Wheeler High School
- **Saturday, October 3rd** Griswold Griswold Public Works, 1148 Voluntown Rd. (Rte. 138)
- **Saturday, November 7th** Ledyard Ledyard High School, 24 Gallup Hill Rd.

Participation Protocol

All events start at 9:00 AM and end promptly at 1:00 PM. As you enter the event line, a SCRRRA team member will greet you and conduct a brief survey. Please stay in your vehicle for safety. If your items are in your trunk, pop the trunk for easy unloading by our crew. If you want your totes and other containers returned, let our crew know. For gas can returns, we will move your vehicle to the side while the gas cans are emptied and then returned to your vehicle.

SCRRRA covers the costs associated with these events, so they are free to households within our participating communities. Commercial and large generators of hazardous waste are NOT accepted.

Use caution when transporting HHW materials! Use the original containers when possible. Secure items safely during transport to avoid spillage.

ACCEPTABLE ITEMS

<u>From the Shed & Garage</u>	<u>From the Lawn & Garden</u>	<u>From the Basement & Bathroom</u>	<u>NOT ACCEPTED</u>
Kerosene	Insecticides	Latex & Oil Paint, Stains & Varnish	Tires
Old Gasoline	Pool Chemicals	Paint Thinner	Ammunition / Gun Powder
Radiator Chemicals	Herbicides	Drain Cleaners	Auto & Marine Flares
Auto Body Chemicals	Rat Poison	Photographic Chemicals	Radioactive Materials
Fuel Additives	Moth Balls	Nail Polish Remover	Large Barrels or Drums
Car Battery Acid	Fungicides	Oven Cleaners	Commercial Qty's of Paint, etc.
Camp Stove Fuel	Weed Removal Chemicals	Toilet Bowl Cleaners	Businesses with large amounts of Paper Shredding
All Light Bulbs	And much more!!	All Home Batteries	

Seniors Activities at The Library

- **Busy Bee Quilters** – second Wednesday of the month, 10:00 a.m. to 4:00 p.m.
- **Charity Community Quilters** – 1st and 3rd Fridays of the month from 10:00 AM to 3:00 PM.
- **Knitting & Crocheting Circle** – Thursdays from 10:00 AM to NOON
- **Fun and Games** – Tuesdays from 1:00 PM to 3:30 PM.

Contact Deb Drennen 860-222-8396 for both quilting groups information.

News And Information *(continued)*

Salem Senior Group (SSCG) Information & Newsletters

Previous newsletters can be found on the Town of Salem webpage by clicking on the following link:

<https://www.salemct.gov/salem-senior-citizens/pages/salem-seniors-group-newsletters>.

When the webpage opens, click on the month you want to view.

Senior Brochure

The Salem Seniors have designed and printed a brochure to spread the word of our organization's existence. The brochure puts focus on what our group does for the seniors living in our town as well as anyone else who would like to join our group. Mary Cikatze worked hard on the content and design to describe who we are and what we do as a group. The brochure can be found at the Town Hall and the Salem Free Public Library.

Volunteer Opportunities

Gardner Lake And Salem Volunteer Fire Companies

Both the Salem and Gardner Lake Volunteer Fire Companies are looking for volunteers of **ALL AGES**.

- **Salem Volunteer Fire Company – NON-EMERGENCY PHONE: 860-859-0942.** To visit their website, click on: **<https://www.salemfireco.com/>**.
- **Gardner Lake Fire Company – NON-EMERGENCY PHONE: 860- 859-1743.** To visit their website, click on: **gardnerlakevolunteerfirecompany.com/home**.

Friends Of The Salem Free Public Library (FOSFPL)

The ***Friends of The Salem Library*** could always use help sorting books for the book sale, and at the book sales. For future book sorting and book pick-up and work dates, stay tuned and watch for notifications on Facebook. Check out the FOSFPL new webpage at **www.friends-of-the-salem-free-public-library.org**

If you would like to help, contact Bart Drennen at 860-235-5889.

Mitchell Farm Equine Retirement

The Horse Retirement, Horse Sanctuary is always in need of volunteers.

Contact Dee Doolittle 860-303-8705, or e-mail: dee@mitchellfarm.org.

Salem School

Volunteers are always welcome at **Salem School**. Anyone interested in volunteering can go to the Salem School website by clicking on: **salemschools.org**. Put the cursor over the "Our School" tab, & click on the "Forms tab" to access the form, OR visit the school and fill out the form at the front desk of the school. Make sure you bring a picture ID with you.

Care & Share

Care & Share of East Lyme, Inc. provides food, financial and emergency support to individuals and families in East Lyme, Niantic, and Salem. ***If you are interested in volunteering your time, contact them at 860-739-8502.***

Salem Lions Club

Do you want to make a difference and help people in our town? If the answer is **YES**, the Salem Lions' Club is always looking for new members. **Contact Bill Martin at 860-705-6062, or Kay Zak at 631-942-8169.**

Volunteer Opportunities *(continued)*

Cemetery Clean-Up

WHEN: Saturday, October 10th at 9:00 AM.

WHERE: Lathrop Cemetery, Old Colchester Road, (Rte.354 just south of Rattlesnake Ledge Road) on the east side of the road.

Please bring your weed whackers, and community spirit, and come and join the effort.

If you are interested in helping or have a need contact Kay Zak at: 860-889-3989 or e-mail at:

kayzak@hotmail.com

K-9 Barrett Memorial Animal Control Facility *(Montville Animal Shelter)*

The K-9 Barrett Memorial Animal Control Facility is a regional animal shelter located at 225 Maple Avenue, Uncasville. The state-of-the-art facility serves the towns of Montville, Salem, Bozrah, Colchester, and the Mohegan Tribe. It is named in honor of a fallen police K-9.

The animal shelter can always use Cat or Dog food, cleaning supplies* and toys for the animals during their stay at the shelter. **Animal Control can be reached by calling the main number, 860-848-3529.**

* Only disinfecting bleach can be used at the shelter.

The Salem Land Trust

The Salem Land Trust (SLT) is an all-volunteer non-profit organization permanently conserving land in Salem for wildlife, their habitats, and for people to enjoy nature.

For more information or if you are interested in volunteering contact Linda Schroeder: e-mail:

lschroeder@snet.net or call 860-908-9553.

Activities In Our Region

Museum Passes Available at the Salem Free Public Library.

Library Hours: Monday-Thursday – 10:00 AM to 6:00 PM, Friday – 10:00 AM to 4:00 PM,
Saturday – 10:00 AM to 2:00 PM, Closed Sunday (hrs subject to change)



Discounted Admission Passes

- **Blithewold Manor, Gardens & Arboretum, Bristol RI**
Admits up to 6 people: Adults \$8.50, Youth (6-17) \$3.00. Open in April through October, Tuesday – Sunday.
- **Connecticut Science Center Hartford CT**
Library pass provides 20% off general admission for up to four people.
- **Mystic Seaport Museum, Mystic CT**
One Library pass for each day of the week, 50% off full price admission for up to 2 Adults and 3 Children ages 4-17, on the day of the week printed on the pass. Children under 4 are free.
- **Niantic Children Museum, Niantic CT**
Admits up to 4 people ½ price.
- **Roger Williams Park Zoo, Providence RI**
Pass valid from March – December
\$4 off each paid admission ticket for up to 4 tickets. Redeemable in-person or online. **To purchase timed entry tickets online visit the website by clicking on www.rwpzoo.org/tickets.**

Free Admission Passes

- **Connecticut's Old State House Hartford CT**
Free admission for up to four visitors
- **Connecticut River Museum, Essex, CT**
Free Admission for 2 adults and their children or grandchildren under the age of 18.

Activities In Our Region *(continued)*

Museum Passes& Free Admission Passes *(continued)*

- **Connecticut State Parks Pass**
The pass covers the entrance fees to the historic buildings at **Dinosaur State Park, Rocky Hill, Gillette Castle State Park East Haddam & Fort Trumbull State Park in New London**. Pass waives fees for 2 adults and 4 children, 12 and under.
Tickets are required for all visitors entering the castle, regardless of age. Tours can accommodate a maximum of 12 visitors at a time and tour tickets often sell out in advance. **To reserve tickets for tours online visit the website by pressing Ctrl+ Click on www.connecticutstateparks.reserveamerica.com**
- **Denison Pequotsepos Nature Center Mystic, CT**
Allows free admission for up to five people.
- **Custom House Maritime Museum, New London CT**
Pass allows two free admissions. Open year-around, Wednesday – Sunday 1:00 PM to 5:00 PM, and Saturday 10:00 AM to 5:00 PM. Closed Monday & Tuesday.
- **Florence Griswold Museum, Old Lyme CT**
Admits 2 adults and 2 children (18 & under) into the museum.
- **Lyman Allyn Art Museum New London, CT**
Admits 2 Adults & 2 Children 12 and up. Children under 12 are always free.
- **New Britain Museum of American Art, New Britain, CT**
Free admission for 4 people Closed Monday and Tuesday.
- **Slater Memorial Museum, Norwich CT**
Each pass will allow free admission for one group of up to 5 people.
- **Wadsworth Atheneum Museum of Art, Hartford CT**
Free general museum admission for 2 adults, age 18 & up Youth 17 & under are free.
- **New Membership discount Mystic Aquarium Membership Discount coupon Mystic CT**
Borrow the library coupon for 15% off a Mystic Aquarium Membership Not valid for admission discount.

Museum Pass Rules

- Passes are available on a first come, first serve basis.
- Passes circulate for 3 days Overdue fines on passes are \$1.00 per day.
- No holds, reserves or renewals allowed.
- Only one pass at a time per family.
- Passes must be returned directly to the circulation desk. **Please do not place in the book drop**

Please check each museum's website for more information & current hours of operation before visiting. Hours subject to change.

Goodspeed Opera House *(2026 season schedule)*

Upcoming Events at The Goodspeed Opera House *(6 Main Street, East Haddam)*

- **"Crazy For You"** – June 19th – Aug 9th
- **"The Snow Goose"** – August 28th – October 18th
- **"Annie"** – October 30th - December 27th

Check the website for times and tickets by pressing Ctrl+ Click on <https://www.goodspeed.org/>

Niantic Bay Playhouse *(2026 season schedule)*

The Niantic Bay Playhouse *(279 Main Street, Niantic)*

- **"To Kill A Mockingbird"** – October 9th – 11th, October 15th – 18th, and October 23rd – October 25th
- **"A Christmas Carol The Musical"** – December 4th – 6th, December 10th – 13th, and December 17th – 20th,

Check the website for times and tickets by pressing Ctrl+ Click on nianticbayplayhouse.org/

Activities In Our Region *(continued)*

Ivoryton Playhouse (2026 season schedule)

Upcoming Events at The Ivoryton Playhouse (103 Main Street, Ivoryton)

- **"Come From Away"** – August 6th – September 6th
- **"A Piece Of My Heart"** – October 1st – 25th
- **"Playhouse Holiday Jamboree"** – November 19th – December 20th

Check the website for times and tickets by pressing Ctrl+ Click on <https://www.ivorytonplayhouse.org/>

Senior Centers / Activities Available to Salem Residents

Colchester Senior Center News

Yearly dues of \$15 which will get you on their newsletter e-mail list and provide you the ability to participate in any of their activities. **They are at their new location 15 Louis Lane, Colchester, CT 06415. Phone: 860-537-3911.**

The NEW Colchester Senior Center is now open, come check it out!

To check out their newsletter, click on: colchesterct.gov/senior-center/pages/newsletter



East Lyme Senior Center News

East Lyme offers Salem Seniors **55+** the opportunity to participate in any of their activities. There is no annual fee to belong. **Call their office at 860-739-5859 to get on their e-mail mailing list.**

<https://mycommunityonline.com/organization/east-lyme-courier>

New London Adult Education

New London Adult Education Offers Day Trips.

Trips depart from Shaw's Cove Three. For more details or to register call 860-437-2385 or go to the **New London Adult Education webpage** by clicking on: enrichment.newlondonadulthood.org/.

Contact the Senior Centers in other towns to determine their requirements for membership

Answers To The Riddles

Answer to riddle 1:	No thing.	Answer to riddle 2:	Your name.
Answer to riddle 3:	A library.	Answer to riddle 4:	A comb.
Answer to riddle 5:	Time.	Answer to riddle 6:	Three.
Answer to riddle 7:	An echo.	Answer to riddle 8:	A parachute.

Officers

President ----- Gary Closius-----	Secretary ----- Jeanette Girard
Vice President---- Mary Cikatz -----	Activities Coordinator- Kay Zak
Treasurer ----- Michelle Horan-----	Health Coordinator ---- Cindy Holle
Communications	Newsletter Editors-----Joan Gaynor,
Coordinator ----- Joan Gaynor	Gary Closius
Salem Agent for the Elderly -----	Agnes Miyuki

If you or your group would like to advertise your event or function, please contact:
Joan Gaynor at
salemtech53@yahoo.com,
 or call 860-449-3064 or
Gary Closius
gclosius@sbcglobal.net, or
 call 860-961-9173.